


District 20W LIONS ROAR




January 2026

Table of Contents

District Governor's Message ...	1
Next ROAR deadline	2
February Cabinet Meeting	3
Who's Who in 20W.....	4
Map of District 20W	6
Calendar of Events.....	7
Bunny Orders	8
Communications Corner	9
Articles.....	11
Event/Flyers	17



**Lions Clubs
International
2025-2026
International
President**

A.P. Singh of Kolkata, India

**“Lead to Serve,
Serve to Lead”**



A message from **District Governor Barbara Bentley**



Happy New Year!!

It's hard to believe that 2026 is upon us and we are half-way through the Lions' year. We have seen a lot of momentum around the district, so let's keep it going!

The second of the three weeks of service, presented by our International President A.P. Singh, is in January focusing on hunger. All clubs are encouraged to do hunger related service projects during this time of January 3-11, 2026. Whether it is supporting your local food pantry, school backpack program, and other like projects, everything we do, no matter how big or small, can have a huge impact on our communities. If you need any support or ideas, please do not hesitate to reach out to myself or our District Hunger Chair, Bob Maxum, or District GST (Service Chair) PDG John McDonald.

We have had a focus on membership in the district this year as well, in line with International's Mission 1.5. I have been encouraging all clubs to make an effort to bring in two new members for more hands to provide more service. So many clubs have already accepted that challenge and we still have plenty of time to continue this effort!

The next cabinet meeting will be on Saturday, February 7th at the Holiday Inn in Johnstown. The main "focus" will be on Membership and Marketing. We will be discussing different

...continued on next page

ways we can not only attract new members, but also retain our members and how to share what we do within our district and our communities. I encourage all that are able, to attend!!! I'm looking forward to having great discussions among all those in attendance!

Lastly, the second half of the clubs' International and State/ Multiple dues invoices will be coming out this month. A few things to keep in mind:

INTERNATIONAL DUES: Lions International is no longer mailing paper copies of invoices. Your club invoices, including those for dues, **MUST** be obtained from the Lions portal. I also **HIGHLY** recommend that each club treasurer check the portal at the beginning of every month and pay your Lions International dues and any other invoices (for new members, club supplies, etc) online. If you need **ANY** assistance with the portal, please let me know!!! I will be looking to hold some "basic" portal training and overview virtually via Zoom later this month as well, so be on the lookout for more information.

STATE/MULTIPLE DUES: Clubs will also be receiving the invoices for the remainder of their state/multiple dues via email. In this case as well I **HIGHLY** encourage you to pay these online, as we have found some issues with checks not arriving to the state office. Again, if you have any issues or concerns, please reach out to me. I am here to help in any way I can!!

I am so encouraged by everything the Lions are doing around our district! It's exciting to see and I look forward to continuing to work with all our clubs over the next several months!!

Happy New Year!!!

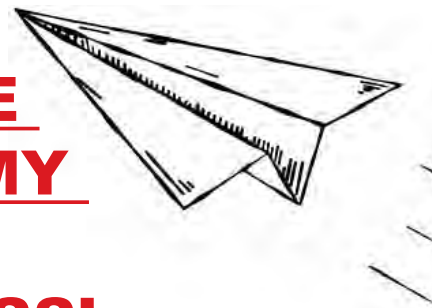
Yours in Lionism,

Lion Barbara Bentley
District Governor, 20W



NEXT ROAR DEADLINE

karenbentleyrager@gmail.com



PLEASE NOTE MY NEW ADDRESS!

SUBMISSION REQUIREMENTS

Send articles, photos and event flyers! Keep in mind I try to publish as close to the 1st as possible so if your event is at the beginning of the month you should place it in the previous month also.

ARTICLES

Microsoft Word preferred. Text embedded in email, or .pdf accepted. Captioned photos separate please.

PHOTOS

.jpg preferred. Include corresponding captions with names.

EVENT FLYERS

Vertical format.

Full page: 7.5 X 9.5

Half page: 7.5 X 4.75

Please adhere to these size requirements, especially if you have a design firm create a flyer, otherwise some of your flyer may be cropped out with important information!

Thank you!





LIONS DISTRICT 20-W 3rd CABINET MEETING

Saturday, February 7, 2026

Holiday Inn Johnstown-Gloversville

308 N Comrie Ave., Johnstown, NY 12095

9:00 AM Registration

Meeting Start Time 9:30 AM

\$40 per person, Includes Lunch

Dress: Business Casual (Lions Shirt, etc. Uniform not necessary)

PROGRAM HIGHLIGHTS

- Membership Discussion
 - "Young Members" Panel
 - Marketing
 - Marketing "How To's"
-

PLEASE REGISTER By 1/31, using the below link or QR Code

www.tinyurl.com/20WCabinetMeeting-3



You can: Register and make payment online or
Register and mail your check *

* If paying by check, please make payable to: DISTRICT 20W LIONS CLUBS and mail to
Cabinet Secretary Patty Murphy, 11725 Duanesburg Road, Delanson, NY 12053.

Lodging Reservations can be made by calling the Holiday Inn Johnstown-Gloversville.
(There is no room block for the cabinet meeting)

***Please share with all members of your club
and encourage them to attend!***



***Bring your
sorted glasses
to be recycled!***

*Please remember, all clubs are encouraged to make a donation to the district
for the delivery of the glasses to the New Jersey recycling Center.*

Registration

www.ticketleap.events/tickets/lions-district-20-w/district-20w-cabinet-meeting-february-7-2026

WHO'S WHO

DISTRICT 20W CABINET

DISTRICT GOVERNOR

Barbara Bentley (Saratoga Springs Lions)
20 De Voe Drive, Colonie NY 12205
Phone: 518-894-1375
barbann22@gmail.com

1st VICE DISTRICT GOVERNOR

Ed Balaban (Broadalbin-Perth Lions)
654 County Hwy 138, P.O. Box 485, Broadalbin, NY 12025
716-474-5510
bklynbrn@att.net

2nd VICE DISTRICT GOVERNOR

THIS COULD BE YOU!!!

CABINET SECRETARY

Patricia Murphy (Duane Lions)
11725 Duanesburg Road, Delanson, NY 12053
pmurphy5357@gmail.com
Cell: 518-368-4379

CABINET TREASURER

Eric Unislawski (Greater Johnstown Lions)
P. O. Box 31, Johnstown, NY 12095-0031
Cell: 518-669-2903; eunislawski1@gmail.com

IMMEDIATE PAST DG

Holly McConchie (Galway Lions)
13 Marilyn Drive, Glenville, NY 12302
Home: 518-882-6516; Cell: 518-366-1010
hmconchie@aol.com

GLOBAL ACTION TEAM

LEADERSHIP

PCC Mark Whitney (Town of Schroon Lions)
6825 Lynvale Drive, Fort Wayne, IN 46804
Cell: 518-791-7519
md20pccmark@gmail.com

MEMBERSHIP

PDG Michele O'Hare (Bethlehems Lions)
8 Turnberry Drive, Slingerlands, NY 12159
Home: 518-475-1908, Cell: 518-410-5941
mapohare@gmail.com

EXTENSION TEAM

PDG Ed Pike
3037 Co Hwy 107, Amsterdam, NY 12010
Cell: 518-423-9128
Weski48@yahoo.com

GLOBAL SERVICE

PDG John McDonald (Saratoga Springs Lions)
P.O. Box 91; Galway, NY 12074
Cell: 518-763-9262
jmcdonald33@nycap.rr.com

COMMUNICATIONS AND MARKETING TEAM

DISTRICT COORDINATOR

Robert Townsend

DIRECTORY ADMINISTRATOR

Meredith Beringer

WEBSITE DIRECTOR

Jim Cypher

NEWSLETTER AND MD20

MAGAZINE DIRECTER

Karen Rager (Glens Falls Lions)
82 Hunter Lane, Queensbury, NY 12804
Home: 518-798-3143; karenbentleyrager@gmail.com

FACEBOOK ADMINISTRATORS

Barbara Bentley (Saratoga Springs Lions)
119 East Main Street, Cambridge NY 12816
Home: 518-252-1070; Cell: 518-269-5370
bbentley@saratogaspringslions.org

Edward Balaban (Broadalbin-Perth)
654 County Hwy 138, PO Box 485
Broadalbin, NY 12025
bklynbrn@att.net

FACEBOOK EDITOR

Jim Cypher

REGIONS AND ZONES

REGION L

ZONE "A" CHAIR

Lion Robert Maxum (Clinton Lions Club)
2 Sunset Drive Clinton, NY 13323
315-794-0410
Maxamr60@gmail.com
Clinton, Deerfield, Greater Herkimer, Holland Patent

ZONE "B" CHAIR

Lion Jim Winkler (Clinton Lions)
136 Utica Road, Clinton, NY 13323
Home: 315-853-6355; Cell: 315-601-4038
wink8@aol.com
*Marcy Telephone, New Hartford New York Mills
Whitestone, Sauquoit Valley, Utica*

REGION I

ZONE "A" CHAIR

Lion Alexander Guilmette (Ballston Spa Lions)
PO Box 2454, Ballston Spa, NY 12020
518-847-8831
Apg200@gmail.com
*Ballston Spa, Galway, Greater Amsterdam, Saratoga
Springs, Scotia-Glenville, Town of Greenfield*

ZONE "B" Chair

Ty Howard Stacey (Town of Greenfield)
208 Locust Grove Road
Greenfield Center, NY12833
Home: 518-366-0067; Cell: 518-366-0067
accoach@aol.com
*Broadalbin-Perth, Fonda & Fultonville, Greater
Johnstown, Speculator*

REGION O

REGION CHAIR

PDG Michele Puleo O'Hare (Bethlehem Lions)
8 Turnberry Drive, Slingerlands, NY 12159
Home: 518-475-1908; Cell: 518-410-5941
mapohare@gmail.com

ZONE "A" AND "B" CHAIR

Lion Matthew Wilcenski (Bethlehem)
15-7 Regina Court, Delmar, NY 12054
518-221-3437
Matthewwilcenski4@gmail.com
*Albany & Troy, Bethlehem, Duane, Greater Ravena Area,
SUNY UALB, Town of Wright/Schoharie Valley, Waterford*

REGION N

REGION CHAIR

Lettie Saheim (Mechanicville-Stillwater Lions)
117 Hansen Road, Schaghticoke, NY 12154

Hoe: 518-753-7867; Cell: 518-669-9873
lsaheim117@gmail.com

ZONE "A" CHAIR TBD

Glens Falls, Hadley Luzerne, Long Lake, Newcomb, Town
of Schroon

ZONE "B" Chair

Lion Linda Pleat (Schuylerville Lions)
313 Route 32 N, Schuylerville, NY 12871
518-505-5991
lpleat@mac.com
*Cambridge, Greenwich, Mechanicville Stillwater,
Schuylerville, Town of Hoosick*

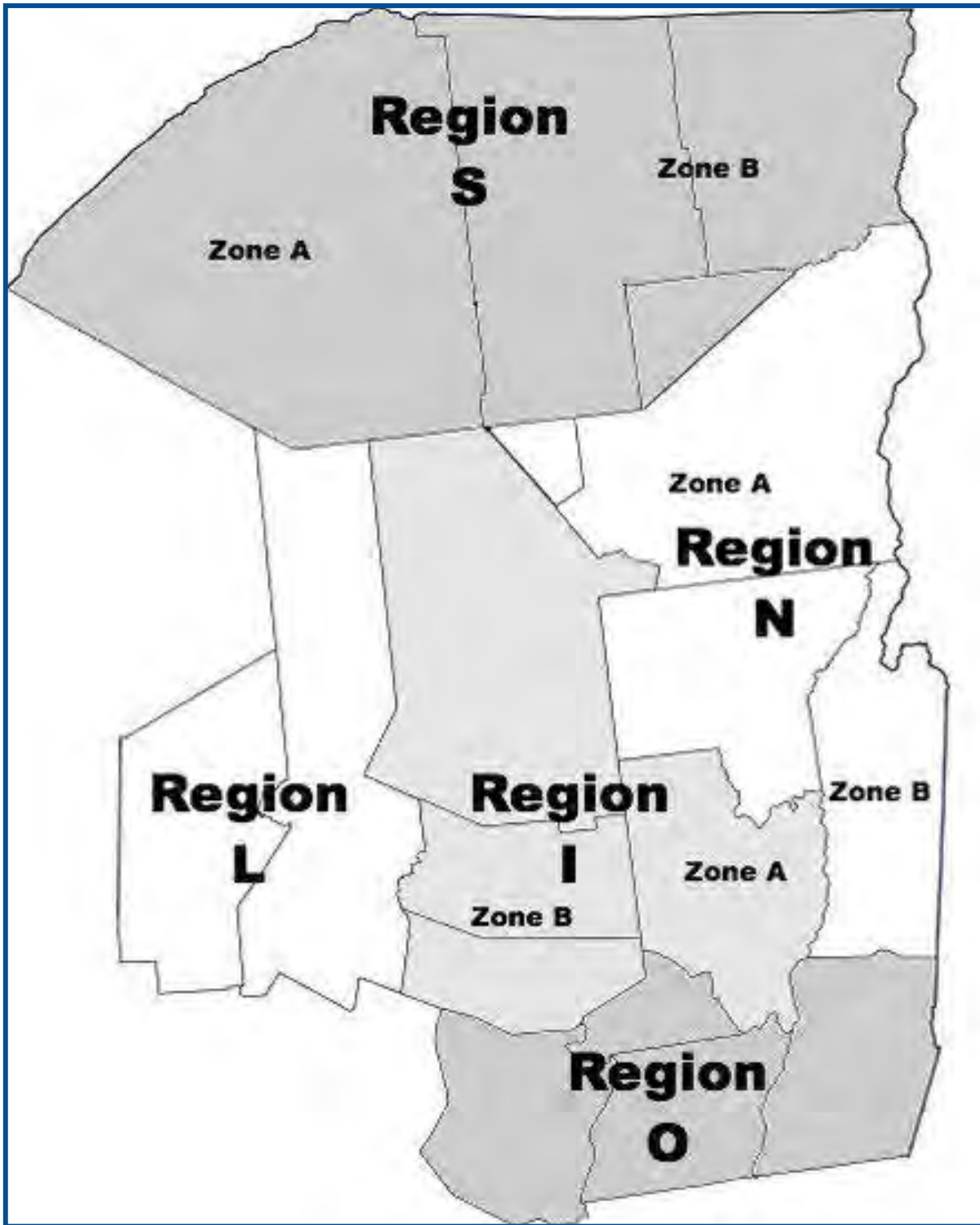
REGION S

ZONE "A" CHAIR

PDG Milledge "Smitty" Smith
13487 NY-178, Adams, NY 13605
315-778-3281
pdgsmitty@gmail.com
*Clifton Fine, Edwards, Gouverneur, Heuvelton, Lisbon,
Louisville, Ogdensburg, Raquette River*

ZONE "B" CHAIR

PDG Priscilla Laurin
207 Sheldon Lane, Chazy, NY 12921
518-569-4421
Lionpriscilla2324@yahoo.com



District 20-W Comprises These New York State Counties

Albany, Clinton, Essex, Franklin, Fulton, Hamilton, Herkimer,
Montgomery, Eastern Oneida, Rensselaer, St. Lawrence,
Saratoga, Schenectady, Schoharie,
Warren, and Washington.



CALENDAR

LEI Bunnies

Order/payment deadline..... January 12, 2026

3rd Cabinet Meeting

Johnstown Holiday Inn..... February 7, 2026

Lions Day at the UN. March 20, 2026

PDG Meeting. March 21, 2026

4th Cabinet Meeting

Lake Placid High

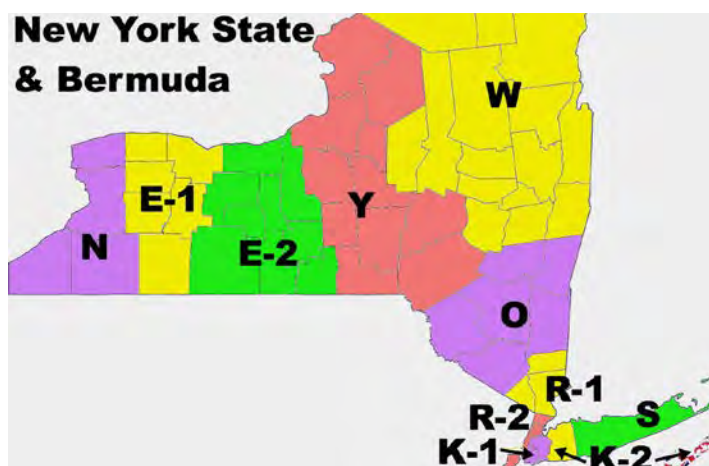
Peaks Resort..... April 25, 2026

State Convention Syracuse: April 17-19, 2026

Testimonial

Van Patten Golf Club May 8, 2026

BMFY Cruise..... October 4 - 11, 2026



LIONS RESOURCES

can be found at this link

<https://www.lionsclubs.org/en/resources-for-members/resource-cen>

Fundraising Guide

An interactive tool that helps clubs through the process of planning an online or event fundraiser

Developing Local Partnerships

A hands-on guide that helps clubs evaluate their strengths, identify their needs, and connect with like-minded organizations in the community for potential partnership opportunities

Cabinet Secretary & Treasurer e-Book

Helpful resource that walks the cabinet secretary & treasurer through their role providing helpful tips, resources and tools.

Dues Billing Table

Break down of dues

Vision Screening for Children

A vision screening event for children in local primary, middle or secondary schools that identifies those who may have vision problems requiring comprehensive follow-up by eye care professionals

LCIF GRANT APPLICANTS RESOURCES

www.lionsclubs.org/en/lcif-grants-toolkit#mod1



Lions Foundation at Albany, NY, Inc.

Easter Bunny Sales



**In Support of the Lions Eye Institute
A Proven Fundraiser That Can Help Your Club**

The 6.2 ounce, solid milk and dark chocolate bunnies and 3.5 ounce solid white chocolate bunnies are manufactured for us by the renowned Donini Chocolate Ltd.

Each milk & dark chocolate bunny comes individually boxed and each white chocolate bunny comes individually cello wrapped with a bow.

The Lions Foundation "suggests" a retail price of \$5 or \$6 per bunny.

**Easter is April 5, 2026
Place Your Bunny Orders Now!**

**Milk Chocolate
6.2 ounce
12/per case - \$40.00/cs**

**Dark Chocolate
6.2 ounce
12/per case - \$40.00/cs**

**White Chocolate
3.5 ounce
24/per case - \$68.00/cs**



**Orders & Payments
MUST be received by
January 12, 2026**

**By Mailing Order Form
& Payment To:**

Barbara Bentley
P.O. Box 1031
Guiderland, NY 12084
518-894-1375 (c)
barbann22@gmail.com

Checks made payable to:
Lions Foundation at
Albany, NY Inc.

For questions contact:

Barbara Bentley
518-894-1375 (c)
or
Phil Klein
518-378-8111 (c)

Lions Foundation Easter Bunny Order Form

Milk Chocolate (12/cs) \$ 40.00 cs x _____ cases = \$ _____

Dark Chocolate (12/cs) \$ 40.00 cs x _____ cases = \$ _____

White Chocolate (24/cs) \$ 68.00 cs x _____ cases = \$ _____

\$ _____ **TOTAL DUE**

Club Name: _____

Contact Name: _____

Email: _____

Phone #: _____

**Orders Must be Placed
With Payment
No Later Than
January 12, 2026**

*Please keep a copy of this
form for your records.*



Northernnylions.org **District 20W**

“Lead to Serve, Serve to Lead”

Communications Corner

Team Members: Chairperson – Lion Bob Townsend
Lion Karen Rager, Lion Jim Cypher, VDG Ed Balaban

January 3- 11 “Week of Service - Hunger”

Happy New Year!

May 2026 be a year of impactful and gratifying Service for your clubs and members. With the new year, as you make those resolutions that will have a personal impact, it is a great time for your clubs to adopt a resolution that will expand and improve the Marketing and Communications of the great Services that the Lions offer to their communities. January is the month that focuses on Hunger. January 3-11 is the “Week of Service” for Hunger. As with many Clubs in our district, the time between Thanksgiving and New Years was when we are typically focused on Hunger.

Activities such as Food Drives, filling Food Pantries, Donations to Local Food Programs at Churches, and sponsoring Dinners for Veterans and families have happened throughout our District. Now is the time to “Leverage” all that great service in the promotion of your Service to the rest of the community. Highlighting this activity on Facebook, Websites, Newspapers and Local periodicals is a great Marketing Strategy to increase the awareness of your Club’s Service. Fighting Hunger is one of our Global Initiatives, and it should always be part of our “Wheel of Service” throughout the year, not just during the Holidays.

Visit LCI Website for more on Hunger.

<https://www.lionsclubs.org/en/start-our-global-causes/hunger>

Please reach out to our Marketing and Communications Team with any questions or needs. 20W Lions are Great People doing Great Things. We can do so much more working together.

LCI Marketing Resources

<https://www.lionsclubs.org/en/resources-for-members/resource-center/club-marketing>

LIONS ARE SOCIAL!

Stay connected to Lions International and our service around the world by following us on social media.

ARTICLES

SAUQUOIT VALLEY LIONS CLUB Peace Poster Contest Winners/Induct New Member

By Lion John Griffin

The Sauquoit Valley Lions held our monthly meeting on Dec. 11th at the Orchard Hall in Sauquoit with 15 members in attendance. The Club hosted 2025-2026 Peace Poster Award Winners from the Sauquoit Valley Middle School, along with their Parents and siblings, and Middle School Art Teacher Kristen Willson. Gift certificates were presented to the top three finishers in the contest.



The Club host Peace Poster Contest Winners and families.

Sauquoit Valley CSD Superintendent David Stayton was also in attendance along with 4th Grade teacher and advisor Laura Hoffman to discuss the Handshakes Mentoring Program which involves older students mentoring elementary school students that have been identified in need of support. Following the meeting the Club donated \$400.00 in support of the Handshakes Program which regularly enlist motivational speakers to address the students and their families.

The Club also inducted new member Karri Tibbitts into our Club who was sponsored by Lion Sherry Kimball. That is the second new member joining the Club in December. Lion Patricia Terry has joined as well and will be inducted in January.

The Club donated \$400.00 to be used for Christmas Gifts for Senior Shut-ins identified by the Sauquoit Valley Friends and Neighbors. Lion Michele Przyluke purchased and



Karri Tibbitts is inducted into Lions by Lion Secretary Connie Griffin with sponsor Sherry Kimball looking on..

prepared the gift baskets for delivery.

The Club will host its annual Holiday Dinner Party at Orchard Hall on Saturday, January 10, 2026, beginning at 6:00 p.m. Our Annual Holiday Raffle Ticket drawing will be held following dinner. The \$50 ticket, with a top prize of \$1,000, can be obtained from any Club Member.

KING LION JOHN MARKLEY

2625 Oneida Street, Sauquoit, NY 13456-3209

Cell: 315-725-9644

golfjjsc@aol.com

CLINTON LIONS CLUB Lights Around The Park

By Lion Jim Winkler

Due to the activities in which we were involved during the Holiday Season, we had only one regular meeting this month. At that meeting, those in attendance contributed 45 pounds of self-sustainable food for our local Country Pantry. It was delivered to the pantry the following day for utilization in their upcoming distribution. Also, at that meeting we finalized the community service projects in which we will be involved with throughout the Holiday Season...and we began taking member orders for chocolate bunnies we will be ordering from the Lions Eye Institute. This order must be placed by **January 12th (new date)**.

Our local volunteer Fire Department held their third annual **Lights Around the Park** fundraiser at our local town park. This display has grown significantly since its inception. We are very grateful that our name and international logo was displayed with others on **one of the very first lighted signs** enabling patrons to see as they enter the park for viewing of the entire display.



Clinton Lions Club support of the Clinton Fire Department Lights Around the Park Light Display was recognized upon entry to the Kirkland Town Park this Holiday Season. (11/28/25-12/27/25)

One of the service projects our club has inherited is the annual scheduling and staffing of the **Salvation Army Red Kettle Campaign**. Having established a schedule, we fill the 1.5-hour shift with

members from our club and then “recruit” service minded individuals throughout the community to assist us. This year our campaign was reasonably successful, despite losing the



Volunteers Chris Maria Taft assist the Clinton Lions by ringing the bell for the Red Kettle Drive at entrances to shops around the Village Green.

for fifty-six (56) hours and we collected over \$2,275 that will be utilized by the Kirkland unit of the Salvation Army. Overall, as we’ve come to realize in past years, we live in a very generous community, where everyone is willing to help those in need.

For four (4) hours on Friday and five (5) hours on Saturday the weekend before Christmas, we held our annual **White Cane Fundraiser**. This has been a tradition in our club for many years.

Sixteen (16) members worked two-hour (2) shifts at strategic locations around our community soliciting donations from residents doing their last-minute Christmas shopping. Small white plastic canes were distributed to anyone wishing one. This “quick-hitter” of a fundraiser realized \$1,440. As always, we were well received and many thanked us for our efforts in the community.

One of our members continues volunteering six (6) hours every Thursday at **Mother Marianne’s West Side Kitchen** in Utica. There, he and others prepare and serve hot soup and sandwiches for 160 – 225 individuals.

Seven (7) club members joined other community volunteers at the **December Food Distribution**. This distribution was



Clinton Lion Bob Maxam rings the bell for the Salvation Army annual Red Kettle Drive at one of the locations in the Village of Clinton.

first day of our campaign due to lake effect snow that deposited 18 inches of heavy wet snow on our area in a short period of time. Ten club members and an additional ten community recruits manned the bells



Clinton Lions Dave Welchons and Sally Glouse greet shoppers as they enter Kinney Drugs Store on Route 12B south of the Village of Clinton.

a little different. We were once again hit with a pretty good snowfall the morning of the distribution and in effect had to reverse the way clients were accustomed to receiving their food. Instead of utilizing the church parking lot, that together with two (2) other lots in the area were used as staging areas and the distribution was accomplished by volunteers out of the church’s parish center with cars being released down ahead-end road, being loaded with food and then having to turn around in a small parking lot (which was full of snow). Although it took a little longer, the volunteers loaded vehicles for approximately 1,150 people. That included gifts and blankets for clients with children since this was the Christmas Distribution.

Recent contributions: purchase of three (3) NYSandBLF Raffle Tickets (\$300); purchase of six (6) tickets for the BMYF Raffle (\$100); Salvation Army Red Kettle Campaign (\$300); Country Pantry Christmas Assistance (\$300).

WISHING EVERY SUCCESS TO ALL LIONS IN THEIR SERVICE TO THEIR COMMUNITIES IN 2026...

KING LION GABRIELE MARTINI

3370 Martin Road, Clinton, NY 13323-3811

Home: 315-853-8669; Cell: 315-794-8516

gabemartini1409@gmail.com

ALBANY & TROY LIONS CLUB

By Lion Jerry Gordon

Guests: potential Lions Carrie Love and Melissa Milton

1. Jerry reminded everyone about the KidSight training session in Saratoga on Dec 13. Any A&T Lions who might work on this extremely worthwhile project are encouraged to attend. Jerry distributed details in a separate mailing.
2. We accepted the membership applications of Carrie Love (sponsored by Queen) and Melissa Milton, sister of Lion Nikki (sponsored by Jodi).
3. Our application for funding for the Spelling Bee from NYS&BLF has been approved in principle, but it required revision to fix a few details. The revisions were to have been mailed last week. Queen thinks it was done, but we need Batman to confirm. Nightwing reported that local bees will begin in January, and we’re still finalizing a location for our regional event.
4. Queen’s “Love Thy Neighbor” event is Dec 20 from

2-5PM. She'll be providing hot meals, free produce and personal gifts to over 500 residents of Ida Yarborough Homes. We approved a motion to donate \$1000 to Guardians of AL-Fitrah to help with the event. Queen also requested labor help from any Lions who can be there that day; they should arrive around noon to help with setup.

5. We discussed Lion Jerry's recent email to all members wherein he stated that he will not be secretary again next year, and would like to back off from his several different functions over the coming months, while he's still around to help train his replacement(s).

- a. New member Carrie agreed to take on the website.
- b. Lion Eric agreed to be secretary.
- c. Lion Ruth will chair the Coats for Kids project.

In an email vote after the meeting, we decided to skip a board meeting in December.

Our next general membership meeting is Wednesday, January 7 at 6:00 PM at Margarita City. Since the restaurant would like a head-count, please let me know whether you'll be there; call or text 518-366-5299 or email ljerrygordon@gmail.com.

Monday, January 19 at 7:30 PM is our on-line board meeting Watch for the link.

Earning Some Green by Going Green

You've all got your CLYNK recycling bags; I hope you're using them. If you need more for yourself, or for any friends or family members who are willing to help us out, contact Lion Jerry at 518-235-8232 or jerrygordon@juno.com for more bags.

It's simple: Fill the bag with cans and bottles that are NYS-redeemable (water bottles, soda bottles & cans, beer bottles & cans). Bring the full bag to your nearest Hannaford, scan the label and drop the bag into the chute. All those nickels will be deposited right into our bank account. This project earned us \$177 last year, but with greater participation, it could be a lot more.

Seal Campaign

You all got your seal campaign letters a few weeks ago. This has become our winter fund-raiser, so if you're so inclined, throw a few bucks in the self-addressed envelope. As of 12/27, 8 donors have given us \$675.

Warm Woolen Wishes

Lion Ruth reports that we donated 100 crocheted hats to Lion Queen's "Love Thy Neighbor" event along with 45 coats

forkids, and we donated 60 hats to Lion Eva's "Spirit of Giving" event.

KING LION JODI SHELDON

5 Grant Street
Delmar, NY 12054
C: 518-331-0992
jodiscott419@gmail.com

CLUB CORRESPONDENCE

P. O. Box 192, Troy, NY 12181-0192
info@albanytroylions.org 518-512-2722
AlbanyTroyLions.org facebook.com/albanytroylions

CHAZY LIONS CLUB

Holiday Events

By PDG Priscilla Laurin

Lion Karen Russell presented check on behalf of the Lions to a former Chazy Student who is raising money for MS. PDG Ricky Laurin plays Santa Claus!

Many of us rang the bell for the Salvation Army.



KING LION JOHN SAXE

1078 Lake Shore Road
Chazy, NY 12921
Home: 518-846-7225
Cell: 518-593-0987
jsaxe@jeffordsteele.com

BROADALBIN-PERTH LIONS CLUB

Donations

By Lion Ed Balaban

Through a grant from the Louis D. Mauro Charitable Trust to the Broadalbin-Perth Lions Foundation to support their Hunger relief programs, presentations were made to the Broadalbin Ecumenical Food Pantry, Mayfield Presbyterian Church Food Pantry, and the



Lion President Bob Townsend presents a check for \$1,700 to Joan Silvernail and Connie Sawyer of the Broadalbin Ecumenical Food Pantry. The Lions made the donation from a grant from the Louis D. Mauro Charitable Trust.



Lion President Bob Townsend presents a check for \$1,700 to Gary DeSanto Rose of the Mayfield Presbyterian Church Food Pantry.

BCON Food Pantry at the Northville Baptist Church. These food pantries support the food needs of the greater Broadalbin, Perth, Mayfield, Northville, and Edinburg communities. Lion President Bob Townsend presented a check for \$1,700 to Joan Silvernail and Connie Sawyer of the Broadalbin Ecumenical Food Pantry, and \$1,700 to Gary DeSanto Rose of the Mayfield Presbyterian Church Food Pantry. Lion Tim Munn presented a check for \$1,600 to Kathy Hopper of the BCON Food Pantry. In all cases, these donations were greatly appreciated as they all have seen a great increase in need over the past couple of months due to the SNAP Program cut backs and the cold weather.



Broadalbin-Perth Lion Tim Munn presents a check for \$1,600 to Kathy Hopper of the BCON Food Pantry in Northville.

Townsend said that “through the great generosity of the Louis D. Mauro Charitable Trust, many families in our area will have a brighter Christmas season and a happier holiday.”

Food insecurity is one of the global causes of Lions Clubs

International, and the actions of the Broadalbin-Perth Lions is evidence of this issue being addressed at a very local and personal level.

Lions are known throughout the world for their work to improve the lives of the visually impaired and prevent avoidable blindness. The Broadalbin-Perth Lions have embraced this global cause and have taken action locally by visiting Broadalbin-Perth Elementary School to provide a day of vision screening for more than 100 pre-kindergarten, kindergarten and first grade students, coordinating efforts with the Northeastern Association of the Blind at Albany (NABA). This was the club’s second eye-screening event in as many months.

Ashley Wade, Coordinator of Youth Services at NABA, was thrilled at the number of students participating and the continued support of the school and Broadalbin-Perth Lions. “We are so pleased that the school and the Lions are working with us again to ensure that these youngsters have the opportunity to have their vision screened so early in their lives.”

NABA’s vision-screening program is designed specifically for children ages eighteen months to five years. A specialized camera is used to detect potential vision impairments in the individuals screened. Each year, an average of twelve percent of the children screened for vision impairments are “flagged” as having a potential vision problem.



Ashley Wade, Coordinator of Youth Services at Northeastern Association of the Blind at Albany (NABA), right, performs a vision screening on a Broadalbin-Perth Elementary School student, left. More than 100 pre-kindergarten, kindergarten and first grade students were screened at the school during the event sponsored by the Lions.

These children are then referred to a doctor for a follow-up visit and treatment if necessary. NABA collects data on the outcomes of those that were recommended for a follow-up visit. Statistics have indicated that low income families are less likely to follow up and schedule a visit with their doctor. Families also reported that transportation and available time as barriers. NABA works with these families in various ways to ensure that the children are seen by a doctor.

Broadalbin-Perth Elementary School Nurse, Christine Yatzor, also was a member of the screening team. “This is a great opportunity for families to take advantage of early detection and we so much appreciate all that the Lions do for our Broadalbin-Perth community.”

Broadalbin-Perth Elementary School Principal Dan Casey warmly welcomed the Lions' and their efforts. "Identifying vision issues in youngsters, especially in the early grades, and then being able to correct those issues often ensures greater academic success for those students as they progress through school", Casey said.

Broadalbin-Perth Lions Club President Bob Townsend said, "We were able to screen 108 children in about three hours. Most children passed the screening, but a few did not. The results and documentation will be sent home to parents/guardians. Included in the mailing will be our Club's contact information in case they need any kind of assistance."

According to Lions Clubs International, eighty percent of all visual impairment can be prevented or cured. The first step to prevention is awareness. The second is early detection through vision screening. Around the world, Lions partner with medical professionals and community leaders to screen young children, primary school students, and adults to identify those at risk for vision loss. The venue for Lions' vision screenings varies from schools, to workplaces, to community health fairs, and the screening methods depend upon the age group. But the results are always the same. Early identification leads to timely referral, professional treatment, and improved or restored sight.



Ashley Wade, Coordinator of Youth Services at Northeastern Association of the Blind at Albany (NABA), left, reviews student vision records with Broadalbin-Perth Elementary School Nurse, Christine Yatzor, right, prior to beginning the Lions sponsored vision screening of more than 100 pre-kindergarten, kindergarten and first grade students. This coordinated effort of the Broadalbin-Perth Lions, NABA, and the school aids students in early identification and correction of vision problems that could impact academic achievement.

KING LION ROBERT TOWNSEND

805 CO HWY 126, Amsterdam, NY 12010
Home 518-843-6553; Cell 518- 866-1250
rtownsen@nycap.rr.com

CLUB CORRESPONDENCE

P O Box 331, Broadalbin, NY 12025-0331
bplions@hotmail.com
e-clubhouse.org/sites/broadalbinny/

PERU LIONS CLUB

Inductees

By PDG Priscilla Laurin

On December 11, PDG Priscilla Laurin inducted two new members into the Peru Lions Club. Also the Peru Lions club donated to both the Peru and Keeseville Food Shelf each community receive \$500.



KING LION LARRY SHANLEY

P. O. Box 86,
Peru, NY 12972
0086
marciashanley@yahoo.com

GLENS FALLS LIONS CLUB

Holiday Spirit

By Lion Karen Rager

Glens Falls Lions were in the Holiday Spirit during December. Lions Kathy and Laurie Gates spearheaded a Community Service project spreading Holiday Cheer to the residents of the Adirondack Manor Home. In an initial phone call, which was mistakenly made to the wrong Senior Residency, our club gained more volunteers wanting to help us to provide much needed items, as requested by Adirondack Manor. Many thanks to the residents at the Glen at Hiland Meadows for helping us with this worthy project.



Lions Kjeld and Peggy Shou volunteered their time to "Ring the Bell" for the Salvation Army early in the month.

Our annual Christmas Cookie Auction was during our December dinner meeting which was pushed to the 2nd Tuesday of the month rather than our normal 4th Tuesday of the month. This fundraiser is not supported by

the community, but by our membership only to raise funds for our administrative fund.

KING LION SCOTT RAGER

82 Hunter Lane, Queensbury, NY 12804
Home: 518-798-3143; Cell: 518-796-0789
rager@roadrunner.com

CLUB CORRESPONDENCE

glensfallsions@gmail.com
www.glensfallsions.org
Glens Falls Lions Club fb page

NEWCOMB LIONS CLUB

By Lion Norma Taylor



Newcomb Lions Club members Ed and Jackie LaCourse's son Aiden snapped this photo in Jena, Germany as he gave a donation.



Newcomb Lion Don Bott gave a presentation on "Neighbors Helping Neighbors" Newcomb, Long Lake, Blue Mountain, Raquette Lake communities get together and provide a Holiday



Newcomb Lion P.A. Kevin Bolan gave a presentation on "The Newcomb Helpers Fund" This fund helps community members in need of food or medical expenses.



The Newcomb Lions Club Annual Holiday Fruit Baskets to local Senior Citizens. 130 in total delivered in our community. Very Busy December for the Newcomb Lions Club!

KING LION MARK YANDON

123 Marcy Lane, Newcomb, NY 12852
myandon@frontiernet.net

CENTRAL ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED (CABVI)

CABVI Promotions

By Tara A. Capponi

The Central Association for the Blind and Visually Impaired Board of Directors has announced the promotion of Vice President of Products and Distribution Katie Eddy to Chief Revenue Officer (CRO) and Vice President of Operations Scott MacGregor to Chief Operating Officer (COO) effective January 1st.

As CRO, in addition to her current responsibilities, Eddy will lead revenue strategy and growth initiatives including sales, business development, and partnership development. She will provide strategic oversight into CABVI's manufacturing, customer service, and quality assurance teams to support sustainable growth and strong financial performance.



As COO, in addition to his current responsibilities, MacGregor will provide strategic oversight to our Rehabilitation Department, ensuring that departmental operations, programs and service delivery meet quality, compliance, performance, and financial standards. He will also lead CABVI's fundraising and philanthropic strategy.



CABVI President and CEO Edward P. Welsh said Eddy and MacGregor are seasoned executives with many years of proven leadership that has helped CABVI expand and grow both employment opportunities and services for people that are blind and visually impaired. "I expect CABVI's growth to continue with Katie and Scott in their new roles," he added. Eddy has more than 20 years of executive experience leading cross-functional teams and managing multimillion-dollar projects in diverse sectors, including healthcare, retail, sales, higher education, and non-profit. As Vice President of Products and Distribution at CABVI, she has successfully overseen \$63M in annual sales, driving growth through innovative product development, strategic sourcing, and operational efficiency.

With expertise in strategic operations, procurement, and contract negotiations, Eddy is passionate about transforming

organizations by aligning business objectives with actionable, mission-driven strategies. With an MBA and continuous professional development Katie is committed to fostering inclusive workplaces and has led initiatives that create employment opportunities for individuals with disabilities, while optimizing supply chains and improving processes for sustainable growth.

New Hartford native MacGregor grew up in Rochester, NY and Merritt Island, FL. After graduating from George Mason University and Duquesne University School of Law with a Juris Doctor degree in 1994, he was admitted to the Pennsylvania Bar Association in 1994 and practiced law and served as an adjunct professor teaching paralegal course at Penn State University. MacGregor was employed as a corporate trainer in Raleigh, North Carolina and was admitted to the North Carolina Bar Association. Returning to New York in 2004, MacGregor became a new-hire trainer for APAC before joining CABVI in 2007 where he held several positions including most recently Vice President of Operations, overseeing six departments.

CENTRAL ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED (CABVI)

507 Kent St. Utica, NY 13501
Phone: 315-797-2233
www.cabvi.org

**MICHAEL MARRONE
PR & EVENTS MANAGER**



DISTRICT 20W
Hunger Week

PDG John McDonald

Lions International has designated the week of January 3 - 11, 2026 as Hunger Week. This initiative unites Lions and Leos worldwide to address the critical issue of Hunger and Food insecurity. By participating, your club will be a part of an impactful week dedicated to providing positive change and making a difference in communities around the globe - together! So, get involved and help drive collective action for a better future! If the club can't do something during the specific designated week, please look at another time. Improving food security and access to nutritious food is an ongoing goal!

For some great ideas on this initiative, please visit the LCI website page at:

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or
cdn2.webdamdb.com/md_Q9Em2JLnR6816GG2.jpg.pdf?v=1

Robert Maxam, Hunger Chair

International has declared January 3 - 11 as Hunger Week. In recognition, I am asking all Clubs in District 20-W to help make this a great week by making a non-perishable or a monetary donation to your local Food Bank/Pantry.

Let's show International what District 20-W can do. I would really appreciate if your Club can keep sending me the emails (maxamr60@gmail.com) reporting the what, when &





BRANDEL-MURPHY YOUTH FOUNDATION

COME SAIL WITH US ON OUR 2026 CRUISE

Aboard

**Royal Caribbean's - Oasis of the Seas
OCTOBER 4-11, 2026**

The ship is a RESORT onto itself!



**Sailing out of Bayonne, NJ enjoying days at sea
and Ports of Call at
Port Canaveral, Coco Cay, and the Bahamas.**

INVITE YOUR FAMILY AND FRIENDS!

For more information contact Terri Oster at: terrio63@hotmail.com or
(516) 945-7694. Registration will be opening soon.

brandelmurphyfoundation.org

Learn how to grow Lions & our impact

Join Lions & Leos across the U.S. & its Affiliates for **Let's Grow**, a 4-part interactive workshop designed to help you start new clubs, rebuild existing ones & ignite unstoppable momentum in your community.

You'll learn proven strategies, share ideas & leave each session ready to grow your pride.

BONUS: All new success stories, inspiration & interaction!

Our Focus:

- January 6: Process & Club Types
- January 20: Recruiting
- February 3: Marketing & PR
- February 17: New Club Application & Keep Growing

Perfect for:

- GAT Coordinators & Team Members
- Lions & Leos hungry for growth & impact



January 6 – February 17

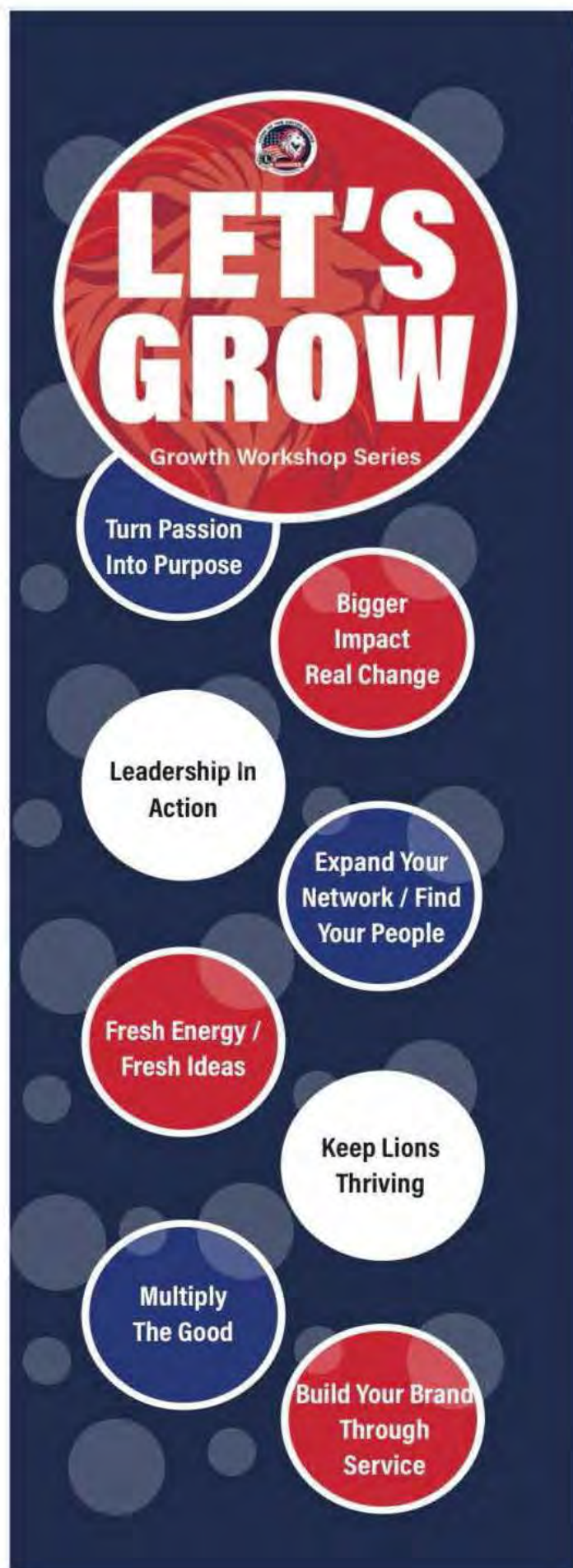
(Every Other Week)

8 pm EST / 7 pm CST

/ 6 pm MST / 5 pm PST

Register Now: <https://bit.ly/GrowthWkshp26>

?s membership@lionsusa.org





Super Hero Raffle

Be A Super Hero For Children In Need

Drawing will be held Super Bowl Sunday, February 8, 2026

Grand Prize - \$5,000



2nd Prize: \$2,000

3rd Prize: \$1,000

4th & 5th Prizes: \$500

6th thru 9th Prizes: \$250

**Special
6 Tickets
For \$100**

\$20 Per Ticket

To Purchase Tickets Scan here →
Or log on to brandelmurphyfoundation.org



Or...make your check payable and send, with ticket stubs to:

Brandel-Murphy Youth Foundation

P.O. Box 913

Rockville Centre, NY 11571

For Tickets & Information Contact:

PDG John McDonald
518-763-9262
hawk33.1959@gmail.com

**All proceeds benefit children in need through the
Brandel-Murphy Youth Foundation**

For further information visit us at www.brandelmurphyfoundation.org

We are a 501(c)(3) organization. Contributions are deductible to the extent allowed by law.



Lions Clubs International

LIONS CLUBS & CYBERSECURITY IN A VIRTUAL ENVIRONMENT

Lions Clubs of District 20-W // Avoiding E-Mail Scams

Increase in Cybersecurity Threats

In recent months, e-mail scams and other forms of cybersecurity attacks have become more prevalent because of the pandemic. As more business is being carried out using virtual methods such as e-mail correspondence and virtual meetings, new cybersecurity risks and threats have emerged. In the last week, we have seen increased e-mail scams circulating in District 20-W. Member awareness and education is more important now than ever to avoid falling victim to these attacks.

E-mail Imposter and Gift Card Scams

The most common scam that has been observed by IT cybersecurity teams are e-mail scams where bad actors create e-mail accounts that impersonate and pose as high-ranking individuals within an organization. In Lions Clubs, these are generally individuals like the district governor, vice district governor, and club presidents. The bad actor will ask the recipients of the scam e-mail if they are available and to do them a favor of buying gift cards and sending them the gift card information. Due to many Lions personal information being publicly available on Lions Clubs websites, it is very easy for these bad actors to identify high-ranking members and begin sending the scam e-mails to other members within a district or club.

How to Avoid These E-mail Scams

There are many ways to avoid e-mail scams like the one mentioned above. Here are several tips to avoid these e-mail scams:

- ▶ **Always double check the e-mail address of the sender** – Usually the scammer will create a new e-mail account and set their display name to impersonate a high-ranking individual. Depending on your e-mail client, you may need to click or hover over their display name but be sure to double check the email address of the sender. In most scam attempts, the e-mail address of the individual who is being impersonated will not match their primary e-mail address that you should be familiar with.
- ▶ **Do not open any attachments or click any links** – If you receive an unexpected e-mail with attachments or links, do not open them or click on them. Always contact the sender via phone or in-person and double check with them that they did in fact send you an attachment or link before opening them. Be especially cautious of shortened URLs that use services like tinyurl or bit.ly.
- ▶ **Be aware of generic greetings, misspelling, and improper grammar** – Many times scam e-mails will have generic greetings that do not directly address the recipient, misspelling, and improper grammar. These can all be signs that an e-mail is fraudulent.
- ▶ **Contact the individual you believe sent you the e-mail** – Speak to the individual that sent you the e-mail either by phone or in-person to verify that the e-mail is genuine and that they sent the e-mail to you. Verify the authenticity of requests, especially when you are being asked to buy something.

By: Lion Joseph Wagner – Saratoga Springs Lions Club
jwagner@saratogaspringlions.com



Got Yarn? Or extra fleece fabric?



**If you don't need it anymore, we will turn it into
hats, mittens and scarves for the needy**



Warm Woolen Wishes Project

Helping Hands



Creating Comfort



Unites people with yarn or fabric so they can help us
reach our goal of 500 items by the end of 2025.

This helps us help everyone.

Someone stuck at home will have materials to make cozy items

We will have those items to give to the needy

Everyone wins!

If you can help us out with yarn or fabric, let us know. We will be
happy to pick it up and get it where it needs to go.

Contact the Albany & Troy Lions at ALBANYTROYLIONS@GMAIL.COM
or Lion Ruth Sano at 518-859-3796



Lions Club

Eyeglass Recycling

District 20W



Bring your collected glasses to a cabinet meeting, or our storage facility in Galway

You collect the glasses and 20W will do the rest! We will handle bulk storage and shipment to the NJ center.

Storage Facility
GALWAY LIONS BUILDING
2167 GALWAY RD
GALWAY, NY 12074

For Dropoff Appointment
Call, Text, or Email
PDG- ED PIKE
PH: 518.423.9128
EM: weski48@yahoo.com

Suggested Donation to offset shipping- \$20-\$40

Made with PosterMyWall.com

Broadalbin-Perth Lions Club
and
Hoffman Helping Hands
present

B-P Lions Clean Car 2025-26



a fundraising project to support the greater
Broadalbin-Perth-Mayfield community

<http://www.hoffmanhelpinghands.com/fundraisers/fundraisers/BPCleanCar25-26>



Childhood Cancer

Actually is:

Financial Stress

PTSD

Insomnia

Mental Struggles

Trauma

Anger

Medical

Isolation Chaos

Side Effects

Personal Development Delays

Depression

Sibling Jealousy

Unpredictable Future

Diane Lange
20 w childhood
Cancer chairperson
SKIPPER 2dfl@
yahoo.com

Medical Learning Curve

Anxiety

What people think
Childhood Cancer
is:

- .Bald Heads
- .GoFundMe
- .Sick Days
- .Gift Cards
- .Chemo

A Roller Coaster Ride

PDG Joan Scott Leadership Award

Hear the World

The **Lions Hearing Conservation Society of NYS** is proud to introduce the
'PDG Joan Scott Leadership Hear the World Award'.

This award has been established to recognize a Lion, individual or organization that has listened to the needs of their community and helped implement that vision.



Name of recipient can be etched onto the award (total of 40 characters including award name allowed). Award is 9 ³/₄ inches high.

Purchase price \$300.00 (no tax) and shipping is included.

Make checks payable to: LHCS

Contact DG Barbara Bentley for more information

Bottle & Can **RETRIEVAL CENTERS™**



Bring your recyclable donations to
Plc-N-Nickel Bottle and Can Retrieval Center
4303 NY-30, Amsterdam.
Credit the Broadalbin-Perth Lions
Foundation account.

Help keep your community and environment clean while
helping the greater Broadalbin-Perth-Mayfield
community when you donate your bottles and cans.



All funds donated to the Broadalbin-Perth Lions
Foundation will be used exclusively to support the needs
of the greater Broadalbin-Perth-Mayfield community.

Visit bottleandcanrc.com for any fundraising inquiries or needs.

Thank you for your support of the Alert Foundation.

If you have any questions please contact us. kclarkmd20@gmail.com



Lions of MD 20 Alert Foundation

**7643 PARK AVE.
LOWVILLE, NY 13367**



Sponsor a cleaning bucket

Your club can sponsor a cleaning bucket. These buckets are filled with cleaning supplies and will be sent out to disaster areas as needed. Your club can have their name on a bucket or two or ten and then anywhere that we send it, people there will know that your club is supporting them in their time of need.

We just need your club name and district as you want them on the label along with your payment of \$40 per bucket.

Club Name: _____

District: _____ Paid: _____

**Check payable to: Lions of MD20 Alert
Foundation**

Mail check and this form to:

Kelly Clark 7643 Park Ave., Lowville, NY 13367



Free Lifetime Pass for Military Veterans and Gold Star Families

This provides lifetime passes to thousands of federal recreation sites. Veterans can present one of the four forms of acceptable ID: Department of Defense ID Card, Veteran Health ID (VHIC), Veteran ID Card, or veteran's designation on a state-issued U.S. driver's license or ID card.

The pass can be obtained by visiting
www.nps.gov/planyourvisit/pickup-pass-locations.ht



Ronald McDonald House Charities® of the Capital Region

Keeping families close™



Snacks & Beverages

Individual Cereal Cups
Individual Oatmeal Cups
Individual Nut and Trail Mix Packs
Mini Muffin Packs
Crackers & Cheese Packs
Crackers & Peanut Butter Packs
Individual Chips, Pretzels, Popcorn
Protein bars
Fresh Fruit: Bananas, Oranges, Apples
Water (6 - 12 oz bottles)
Lemonade, Sprite, Coke, Seltzer (12 oz. cans)
Powerade (12 oz bottles)
Ramen/Cup O' Noodles Soup
Infant food pouches: Fruit/Veggies/Yogurts

Household Items



Paper Towels
Standard-size Pillows
Zippered Pillow Protectors
Queen-size Mattress Protectors (Zippered)
Queen-size Mattress Pads
Ziplock bags (snack, sandwich, & quart size)
Swiffer dust cloth refills
Swiffer wet cloth refills
Laundry detergent
Clorox mopping clothes
Infant diapers
Baby wipes
Feminine products



Gift Cards

Dunkin' Donuts
Subway
McDonald's
Hannaford
Wal-mart
Stewart's
Chipotle
Dominos
Price Chopper
Gas Cards
Sam's Club
Visa gift cards

Family Needs & Activities



Preemie Gerber Socks
Preemie Receiving Blankets
Pop Bubble Fidget Toys
Hot Wheels
Outdoor Toys/Games
Crayons
Bubbles
Small Infant Toys
Teething Toys
Children's Board Books
Play-doh

Wish List Items can be dropped off at Ronald McDonald House

139 S. Lake Avenue, Albany, NY 12208

Monday - Friday, 9AM-5PM

Questions? Call 518-438-2655

Love is Served



RMHC-CR Meal Program

When caring individuals come together to provide home-cooked meals for families staying at the Ronald McDonald House, that's when *love is served*.

The Albany Ronald McDonald House provides a home away from home for families with children receiving critical care at nearby hospitals. Fresh, hot meals and treats prepared by caring community volunteers bring comfort and hope to these families when they need it most.

Through our volunteer Meal Program, you can help ensure that love is served to our guest families 365 days a year. Contact us to reserve a spot on our Meal Program schedule. There are several ways to help:

PREPARE A MEAL

Gather a group of 2-4 volunteers to cook dinner (serving 30-40 guests) at the Ronald McDonald House
Needed 3:00-6:00 P.M. daily

SPONSOR A MEAL

Order dinner directly from the restaurant of your choice or make a donation to cover the cost of one night's meals (~\$250).



Ronald McDonald
House Charities
of the Capital Region

To sign up, please contact:

Julia Giesel, House Manager
(518) 438-2655 | jgiesel@rmhcofalbany.org

139 South Lake Avenue, Albany, NY 12208 ♥ www.rmhcofalbany.org

Make a few dollars while you help the environment

Our club has signed up with CLYNK, a company that pays us for returnable cans and bottles and helps keep them out of the landfill. It's an easy way for us to increase our treasury and help the environment.

If your club would like to participate, go to clynk.com and sign up for a "CLYNK to Give" account.

If your club is not participating and you (and any friends or family members) would like to help our club, contact me at 518-235-8232 or jerrygordon@juno.com and I'll get you all the bags you want.

Here's how it works:

Bag it

Put your bottles (with caps) and cans in the green recyclable CLYNK bag. You can include any plastic or glass bottle or aluminum can that's redeemable in NYS. The bag already has our personalized white CLYNK bag tag on it.

Scan it

Bring your bag to any Hannaford Supermarket's bottle-return area, where you should find a hand-held scanner on the wall. Scan the white tag on the bag, which helps ensure all your bottles and cans can be properly tracked.

Drop it

There should be a chute or bin right near the scanner. Drop the bags off and go about your day!

Collect \$\$

Within a week, CLYNK will deposit our earnings right into our bank account.

Jerry Gordon

Secretary, Albany & Troy Lions Club

Webmaster for ALBANYTROYLIONS.ORG and 20W/LIONS.ORG

