SKAGIT VALLEY LEO CLUB

YOUTH 12-18 YEARS OLD SERVING THEIR COMMUNITIES

ANNUAL NEWSLETTER 2022-2023



WHERE THERE'S A NEED, THERE'S A LEO.

Be part of a global community of kindness.

Leos are an international group of dedicated young women and men making a difference in their communities and the world through service. Learn about Leos at lionsclubs.org. Contact Your Local Leo Club. Skagit Valley LEO Club was established in July 2022 and is sponsored by the Burlington Lions Club.

Email us at SkagitValleyLeoClub@gmail.com or scan the QR Code for more information.

Advance in Leadership, Gain Experience, & Open a World of Opportunities!

Join Today!



WHY BE A SKAGIT VALLEY LEO?

LEADERSHIP

Develop your skills as a project organizer, time manager and team leader.

- Members hold officer positions, plan projects, and bulid relationships with clubs in Washington & Canada.
- Our 5 minute Pinwheel Project presentation won Runner–Up at the 2023 MDI9 Spring Conference.
- LEOs hold an annual parade and give out goodies with Santa at the ATTIC school.

EXPERIENCE

Discover how teamwork and collaboration can change your community and the world.

- Our LEOs have partnered with a local engineering company learning skills to model, 3–D print, & assemble pinwheels for their Give the Gift of Sight fundraiser.
- LEOs are encouraged by Knights of the Blind to participate in sightless self-defense & blindfolded board breaking from an Anacortes martial arts studio.

OPPORTUNITY

Establish lifelong connections with fun, hardworking people while you feel the rewards of community service.

- Skagit Valley LEOs partnered with the Lions International Youth Exchange Program (YEP) interacting with youth from over a dozen countries.
- LEOs placed 2nd at the 2023 National competition skating a quartet routine advocating for adolescent mental health.

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GLOBAL CAUSES WITH A LOCAL IMPACT

Lions Clubs International has adopted five global causes — hunger, vision, environment, childhood cancer and diabetes. As stewards of our community, we serve wherever we see a need.



Skagit Valley LEO Club "Together We Can!"

COME SERVE WITH US!

The Skagit Valley LEOs meet on the 1st Friday of every month from 6:30-8pm in Burlington.

We understand that teen life is busy. Club dues are \$20/year & meeting attendance is not mandatory. POP SERVICE events are offered via text message as service opportunities arise so club members can participate as it fits their schedule.

HOW DO SKAGIT LEOS SERVE?

HUNGER

Members serve meals to Veterans, active military, and community members in partnership with the local Junior Auxiliary.

VISION

GIVE THE GIFT OF SIGHT- PINWHEEL PROJECT Our Club Raised funds to support vision services in Skagit Valley with a long-term goal of building an accessibility trail for the visually impaired.

ENVIRONMENT

We clean up, spread bark, and raise & lower flags to help maintain the grounds at the Burlington Lions Highway 20 Roadside Park.

CHILDHOOD CANCER

HEALTH CARE VIDEO DEMONSTRATION Our LEOs created a video to promote education to local nursing students on G-tube feeding.

DIABETES

Members encourage their communities to combat diabetes through exercise and healthy lifestyle. Some of thes activities include: hosting an annual Bicycle Club roadside rest stop, assistant coaching at youth hockey, giving music instruction, and teaching skating lessons.