# DISTRICT 2-T2 LIONS - OPPORTUNITIES FOR YOUTH CONTESTS

These annual competitions allow participants to apply and compete for scholarships in up to two (2) categories. Contests will be held at 10am January 15, 2022 at:

> South Plains Church of Christ 6802 Elkhart Lubbock, Texas 79424

On the District level, scholarship awards are \$1,000 for 1st Place and \$500 for 2nd Place in each contest. First Place Winners will have the opportunity to compete at the State level for scholarships up to an additional \$3,000. These three (3) contests are open to high school juniors and seniors.

#### Topics for the 2021-2022 Year

## **Diabetes Awareness Essay Contest**

"The Importance of diabetes Education in Texas Schools (K-12) – A Student's Perspective"

Diabetes is a growing concern in the USA and around the world. One of the reasons why the incidence of diabetes is rising is because of unawareness. As a society, we should promote awareness, and one way to do this is to educate young people about diabetes. What is diabetes, signs and symptoms, and how diabetes can be prevented and managed?

In this essay, contestants should explain why diabetes awareness is important in schools K-12 grades. The essay must include diabetes information from research plus what they would do to educate students about diabetes in their school Examples may include walks, display tables, and school or community presentations. Essays that include contestant led activities and information from teachers, nurses, doctors, dieticians, classmates, anyone they know with diabetes, will be given more credit in this contest.

## **Drug Awareness Speech Contest**

"The Secrets of Vaping Products"

Drug addiction both to illicit drugs and prescription drugs is a common issue in the United States and worldwide. The line between illicit drugs and prescription drug abuse is less distinct as a growing number of legitimate prescriptions become diverted to the illicit market. All forms of drug abuse, illicit or otherwise, place individuals at high rise of developing substance abuse disorders and should be addressed immediately.

Vaping is still an ongoing problem among youth today. There are many secrets that the vaping world influencers are employing to attract our youth. Please name three (3) different "vapes", explaining differences, similarities and methods used to advance the use of vaping products. What would you do to help control vaping among your peers?

#### **Outstanding Youth Award**

"Innovation and Change Now"

COVID 19 and the pandemic situation has limited what we used to do. The urgency of change is Now not tomorrow or later. Contestant's essay should reflect what they are doing Now to effect change and what change they want to see in their community, school, family, for the better. The essay must be well organized, have good vocabulary and conform to require length.