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## WE SERVE

August 15, 2020

To: DG Jason Gray and Cabinet  
Re: OH5 Lions District & State Lions Quest Committee  
Report - August 2020

Thank you for the honor and privilege of District & State Chair this coming year 2020-2021.

Lions Quest is a life skills & prevention program. Teaches young people skills necessary for everyday success. Learning to accept responsibility for their actions, how to communicate effectively, set goals, make good decisions, handle peer pressure, bullying, resist alcohol & drugs. There are 3 quest programs: skills for Growing ages 5-10, skills for adolescence ages 11-14, and skills for action ages 15-18. Kindergarten thru High School.

Lions Quest is a PreK-12 Social and Emotional Learning (SEL) Program that is used by educators, Social and emotional skills provide a foundation for dealing with anger, frustration, prevents negative behaviors, develop positive school behaviors that increase academic performance. Lions Quest promotes a Connection to school, Positive behavior, Character education, Anti-Bullying, Drugs, Alcohol, and Tobacco awareness, and Service learning.

Successes in schools and life depends on more than just reading, math, and social studies. Evaluation studies report:

- 9% improvement in GPA
- 57% decline in school absences
- 82% decline in in-school suspensions
- 44% decline in out of school suspensions
- 47% decrease in bullying

It increases attendance, positive school climate, and academic performance. While it decreases problem behaviors, bullying, in school suspensions, out of school suspensions, and student stress level.

Social and Emotional Skill Categories are: setting goals, self-confidence, listening skills, making good decisions, managing emotions, being a friend, dealing with intimidation, dealing with conflict, managing stress, appreciating family, and building community.

Lions Quest trainers meet the highest standards for professional development. Lions Quest workshops can be 1 or 2 days. The workshops are put on with trained Trainers from Lions Club International. All of the trainers have earned advanced degrees in education or in a related field.

**Our Goals for Lions Quest this year 2020-2021 are:**

- 1) Raise Awareness and Commitment in the State.**
- 2) Fundraising**
- 3) To Promote Lions Quest with other programs that include Schools and the Youth.**

Thank you all for your support.

**“It’s Great to be a Lion”**

Yours in Lionism,

***PDG Sheryl Schlater, District & State Chair for Lions Quest***