

THE PRIDE REPORT

District 13-OH5 Newsletter

September 2018



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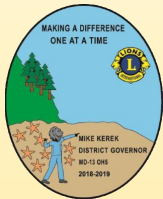
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Making a Difference 1 Lion at a time!

Governor Mike Kerek



I had an amazing weekend recently.

Friday night I inducted 4 members at the Columbus Inner City Lions Charter Night, 3 of whom were brand new, and as a bonus, inducted 2 children as Cubs.

Saturday evening was spent in Reynoldsburg, where an event called "Saturday in the Olde Town" had families from all over the area come for fun, food, and music; I helped with the Lions Bubble station and passed out flyers for the Super Braxton 5K. A great community service project.

Sunday was spent in Prospect at their annual picnic, inducting 2 more Lions, and enjoying the camaraderie of a very strong and active club. Ate way too much, loved every minute of it.

As Lions Clubs, we are faced with many challenges that we never had to face before: compliance issues, membership issues, and community awareness issues, to name a few. Some clubs, such as the ones named above, are taking the challenges and turning them into success stories. They are only a few of the many clubs in our district that are doing so. As this year's district governor, I am very privileged to have a very strong core within this district.

But this is very much a "what have you done for me lately" society we live in. We can enjoy our past successes, but we cannot afford to live in them. I hoping that we can continue striving to achieve the goals that we all, as Lions, need to achieve in order to keep our clubs, district, and organization strong. Simple things, none of which take a huge time commitment that together will ensure that success.

- ⇒ Get your IRS e-postcard done early. You don't have to wait until November.
- ⇒ Same holds true for the Attorney General's office – it takes less than 5 minutes to report your status and if you have significant assets, to write the required check.
- ⇒ Secretaries and presidents, get those service hours entered into MyLCI. Each entry takes very little time. Having them entered isn't just for show or for LCI, by the way – prospective members do sometimes look at these, and they can. Even if your club is super active, if you don't take the time to report the events, it looks like you have a dead club. Not a good impression.
- ⇒ Find a new service project for the year. It can be anything, and it only has to be one, but a new project, especially in a dead time for your club (i.e. winter) can rejuvenate the membership. I saw it happen in my own club and in several others last year.
- ⇒ Find something real for every member in your club. Ownership is a retention point – if your club doesn't engage a member, why should that person stay as a member?



Governor Mike Kerek (Con't)

- ⇒ Use not only any communication tools your club has, but also the district newsletter, the district Facebook, the district website, and the statewide email program to advertise your events and to brag a little after. Spread the word that you have things going. Makes your own members feel good, and it can help with attendance as well.
- ⇒ Have guest speakers at your general meetings. If nothing else, get someone from the many programs we all donate to and have them give your members an update on the program. They'll come!
- ⇒ Don't forget to ask people who you think would be good Lions if they are interested in helping at an event, or attend a meeting. Avoid hitting them with the membership word right away; let them see for themselves what it's all about.
- ⇒ Most of all, make sure you get something out of it as well! Have fun and enjoy the experience.

Thanks for all you do, and I look forward to continuing my travels to all of you!

DG Mike

Many of you know Boomer—Lion Donna Saylor—and the health issues she's been dealing with over the last couple years. She wanted to let you all know what they have discovered. She was diagnosed with AFIB, Congestive Heart Failure and Amyloidosis of the heart. She is still in Ohio and is slowly getting better. She's hoping she can get back involved with Lions by the first of the year.

She misses you all and would love to hear from you. You can contact her at: dlsayor44@gmail.com



First Vice District Governor Jackie Christensen

Just a couple months into the new Lions Year and I hope you are all getting ready to get back to your clubs for the fall since many of you take the summer off. We have so many things going on in our Clubs and in the District. I hope you all stay in touch with your officer team and keep us posted on anything we can do for you.

We have a lot going on throughout the District and I hope you join us in all the excitement that happens in our Clubs and around the District. As a Club, I hope you keep DG Mike, myself, and 2VDG Jason in the loop on your club happenings. We enjoy celebrating those events with you.

I hope many of you are going to be joining PDG Bill and I at the **USA/Canada Forum** this year! It's not often we get to have a wonderful Leadership Forum in your own backyard. Don't forget we still need volunteers at the Forum and you don't have to be registered to attend in order to help. You can help at hotel registrations, airport to hotel transportation and even help out with the Diabetes Walk! Please contact MDS Debbie Luttrell at the State Office if you can help—614-539-5060 or ohiolions@gmail.com.

One of the best things your club can do is to attend your club's zone meetings every year. This is where you really find out what has been happening in our District and at the State and/or International level; but especially to get to know the other clubs and members in your Zone. These also are not just for club officers, but for all club members! And don't forget to keep in touch with your Zone Chair and let them know what you need assistance with and how they can help you.

If you are a Lion interested in getting involved at the District level, please reach out to me and let me know your interests. I am already working on putting my District Leadership team together for next year. I am looking for Lions with fresh ideas and those who want to become active in the District and do something to help further Lionism. I want people who are willing to be active and get out and about, if the position warrants it, and meet our District club members and share the information about our programs and what they can do to help our clubs. Many of you have the skills needed, whether a new Lion or a seasoned Lion, to make a difference at the District Level. I hope to hear from YOU!

Second Vice District Governor Jason Gray

Hello OH5!

I have not gotten the opportunity to meet all the wonderful people of OH5, yet. As this year progresses, I will work on fixing this problem and will strive to meet as many of you as I possibly can. I am focusing on attending as many zone meetings as possible and scheduling visitations with the clubs in Region 1 (clubs in the western part of the district).

Since I have not met many of you, I would like to take this opportunity to introduce myself. My wife Amber and I have three sons that are very active in youth sports, and we all are very actively involved in chartering a new Lions club in Franklinton. In our free time, we like to hike and spend most of our time outdoors. Our oldest son and I recently hiked parts of the Appalachian Trail, and the entire family enjoys hiking in Hocking Hills. My wife and I are Lions because of our passion for community service and we hope that we have instilled this value of helping others through volunteering to our children.

This passion for community service is what drove me to become the Second Vice District Governor. I am excited to meet all the wonderful people of OH5 and learn more about how they help the people in their community. I truly believe that the Lions organizations has wonderful tools that can help our clubs reach more people in their communities, and with that, I am committed to learning more about these tools, so they can be shared with your clubs to help your communities.

If you have any questions or comments, please don't hesitate to contact me.

Thank you for everything you do to make Lions such a great organization.





District News and Information

Upcoming Zone Meetings

August 28th — Zone 7 Meeting — 6:30 PM, Pilot Dogs
August 29th — Zone 5 Meeting — 6:30 PM, MCL Cafeteria, Upper Arlington
September 5th — Zone 6 Meeting — 6:00 PM, 7600 Summit Rd., Pataskala
September 12th — Zone 3 Meeting — 6:00 PM, Der Dutchman Restaurant, Plain City

District Project for the Homeless

We have been getting plenty of hard eyeglass cases from all of you. Thank you so much for the outpouring of support in this great endeavor in such a short period of time! We have more than 500 cases. While we'll still take those cases and continue with this project in the upcoming years, we are now in need of donations to fill these cases and we are looking for donations of the following items:

- Band-aids (big and small)
- Wet Wipes
- Antibiotic Ointment
- Sample size meds—Tylenol and Aspirin
- Chapstick
- Toenail clippers
- Tissues (small hand pack)
- Sewing kits (small travel size)

We've applied for a Grant from the Memorial Fund to purchase these items to try and fill somewhere between 500-750 cases. We'll keep you posted on where that stands as we find out more. We'll label the cases as a "First Aid Kit" and put our Lions logo on the sticker. If we can get enough donations to fill the cases we can begin distributing them to the homeless in January. You can bring these items to your zone meetings and turn them over to one of the officers, or we can pick them up from you when we visit your club.

Deadline for all articles is the 25th of the month. Send to: cwpaws13@gmail.com

Any club information about your upcoming events would be greatly appreciated. The goal is to have many clubs sending in their events. Many Lions throughout our District enjoy traveling to other Ohio Lions Club events and supporting your efforts. Give it a try!!



Communication is the key to making ALERT work within the Districts throughout the program. Get to know your County Emergency Management Agency Director and work on building those relationships. If you are not sure who your County Emergency Management Agency Director is you can contact your ALERT representative, Lion Debbie Horn, at country_girl740@yahoo.com or you can go to the State of Ohio Emergency Management Agency Website at www.ema.ohio.gov.

Currently we have one district utilizing ALERT funding. OH6 is securing funds for flooding victims of Ohio River flooding and tornado damage. OH2 is currently speaking to clubs and zones about what ALERT is and how they can get involved and building relationships with other volunteer groups and local Emergency Management Agencies.

The State of Ohio Emergency Management Agency and FEMA says this September is National Preparedness Month (NPM) the Ready campaign's theme is Disasters Happen. Prepare Now. Learn How. They have set up different campaigns for the month of September and encourage you to get involved by participating in NPM's weekly themes:

Week 1: Sept 1-8 Make and Practice your Plan

Week 2: Sept 9-15 Learn Life- Saving Skills

Week 3: Sept 16-22 Check your Insurance Coverage

Week 4: Sept 23-29 Save for an Emergency

Another way we can all be prepared for an emergency is by encouraging our communities to take advantage of our "Message in a Bottle" project. Please refer to district website <http://www.edistrict.org/sites/district13oh5/> Resources/Training area for information on this valuable service project for your community.

District 13-OH5 Vision Resources

There are many clubs who might not be aware of the resources the District has for Vision services when you get a request for help pay for eye exams or eyeglasses. Although you are not required to assist those in need with one of these resources, they are available should your club be willing to help.

- ✓ The club has money in their budget to handle this type of help and may work with a local eye doctor to get discounted exams and eyeglasses.
- ✓ Prevent Blindness Ohio (PBO) can help meet the need. There are two levels of club involvement with this option. See the District website Resources for these options and PBO assistance. www.district13oh5.org. You can also contact District Sight & Hearing Representative, Bob Medley, who can help you through this process.

Please Note: This requires the individual in need must be within 200% of the federal poverty level:

2018	
Family Size	200% FPL
1	\$ 24,280
2	\$ 32,800
3	\$ 41,560
4	\$ 50,200
5	\$ 58,840
6	\$ 67,480
7	\$ 76,120
8	\$ 84,760

- ✓ District OH5 Eye Care Fund may be able to help. The club should work with PCC Ben Cosgray, the Fund Chair, to complete and submit the Fund's application. See the District website Resources for the Eye Care Fund procedures and the application. www.district13oh5.org
- ✓ Ohio Lions Foundation Grants – There are some situations where grants can be awarded. See Criteria and application – www.ohiolionsfoundation.org. Once you enter the site, click on "Grants".



District 13 OH5 Communications Contest

This contest will replace the Newsletter contest.

Final judging will be done by the DG, IPDG, VDGs, and the Marketing and Communications Chair.

There will be 1st and 2nd place awarded for clubs 29 members and under, and 30 members+.

Rules:

1. Any club participating must have at least two forms of communication, including at least one that is electronic. (i.e. website, Facebook, Twitter, etc.) Clubs should identify these when they submit for participation. MAKE SURE club is easily identifiable with all communications!
2. Communication must have at least one form for member information, and at least one form for public information. These can be combined in each type of communication but do not have to be.
3. Websites should be regularly (at least once every two months) updated; Facebook and other social media should be updated at least once a month; newsletters (emailed and mailed) should be monthly. Promotional brochures highlighting the club will be acceptable as well. Flyers highlighting special events will also be viewed favorably. Email communications with simple notes to members are considered, but do NOT simply copy DG Mike on a thread – this will be deleted without consideration. Relevant communications of this nature should be forwarded only, as a sample.
4. Criteria include regularity of updates; appearance; content; ease of navigation; and promotion.

Contest will run from October 1 to March 1. Final results and awards presented at the OH5 Convention Lunch.

Deadline for registration is **September 30, 2018**. Any club wishing to participate needs to submit an email to DG Mike at mjkerek@msn.com by that date by the club contact. Specify the methods of communication your club wishes the panel to take into account, and provide account name (in the case of social media), website address, and/or newsletter for October if this is something used. An email will be sent to acknowledge. DO NOT ASSUME registration until the response email is received!

Send all newsletters to the above email, where DG Mike will forward to the other judges. Websites and social media will be regularly monitored.

Feel free to contact DG Mike with questions prior to or during the contest.

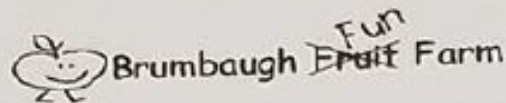


Lions Club's Pediatric Cancer Days at Brumbaugh Fruit Farm

6420 Hollansburg Arcanum Rd
Arcanum, Ohio 45304

September 15-16 and 22-23
Saturday: 11-7 Sunday 12-7

\$8 admission
All proceeds go to Lion's
Pediatric Cancer Fund



Always Good Things To Eat,
Fun Things To Do!



- | | |
|-----------------------------|-------------------------------|
| 1. Adventure Market | 13. Human Hamster Wheels |
| 2. The Crib | 14. Willy Worm Wagon Express |
| 3. The Fruit of the Room | 15. Pumpkin Express |
| 4. Billy Bee's Flight O'Fun | 16. Winnie's Cracked Corn Box |
| 5. Storybook Forest | 17. Johnny Appleseed Trails |
| 6. Monster Mountain | 18. Ole' Fishin' Hole |
| 7. Grandpa's Fun Acre | 19. Main Entrance |
| 8. Enchanted Goat Fort | 20. Anudder Farm Experience |
| 9. Haunted Pumion Dwelling | 21. Winnie's Windmill |
| 10. Kiddie Korn Maze | 22. Karen's Quacky Races |
| 11. Kinda Kooky Korn Maze | 23. Rug Rat Tunnels |
| 12. Underage Roadrage | 24. Noah's Ark |

Don't forget to visit the Market and Bakery !



100% of net
proceeds will
go to pediatric
cancer causes.

Super Braxton

Pediatric Cancer 5K Run/Walk

October 6, 2018

Reynoldsburg HS Summit Campus

8579 Summit Road, Reynoldsburg, OH



8:00-9:00am Registration 9:00am Kids Fun Run (FREE) 9:30am 5K

Registering for (Please Check One):

____ I'm registering as a regular participant. (Age: ____)

____ I am a former or current pediatric cancer patient, or immediate family member, registering to walk/run. (FREE, but still must register.)

____ I'm registering as a Virtual Walker. (Walk on your own time, your own schedule, but you are still supporting the cause.)

If using this form for multiple participants, please add each additional person in the lines below:

____ Age ____ ____ Age ____

____ Age ____ ____ Age ____

Contact Information:

Name: _____ Team Name (if applicable): _____

Address: _____

City: _____ State: _____ ZC: _____

Phone: _____ Email: _____

Shirt(s) needed: ____ CM ____ CL ____ S ____ M ____ L ____ XL ____ 2XL ____ 3XL

Enclosed please find my payment of: \$ _____ Ck #: _____

(Additional donations are appreciated and can be included in the check or money order.)

\$30/participant, which includes T-Shirt. \$25/Virtual Walker, which does NOT include a T-Shirt. Children ages 6-12 are \$15, includes shirt. Former and current Pediatric Cancer patients and their immediate families are free, but must still register. Make checks payable to **Reynoldsburg Lions Club Charitable Fund** and mail to **Super Braxton Pediatric Cancer Run, c/o Reynoldsburg Lions Club, P.O. Box 575, Reynoldsburg, OH 43068**. Contact info@lionsoh5.org with questions, or visit district13oh5.org. **Sponsored by OH5 Lions**. Hosted by the Reynoldsburg Lions Club & the Reynoldsburg HS Leos Club.





Club News and Information

Upcoming Club Events

Columbus Northern Lions Club

Touchdown Dinner & Auction—Sept. 25th, Social 5:30 pm; Auction 7 pm at Crown Plaza Hotel, Worthington, OH. Guest speaker will be AJ Hawk. Tickets are \$35 or \$240 for a table of 8. For tickets contact:

Scott Burleson—614-668-4254

Kirby Witmer—614-563-6321 or

Frank Williams—614-477-2771

Green Camp Lions Club

Firemen's Festival and Chicken Barbeque—Sept. 15th—11 am—4 pm

Tri Village Lions Club

Grandview Ox Roast—Sept. 6-8, 2018—Dishing out Ice Cream

Diabetes Screening—Sept. 22, 2018—9 am—2 pm at Doctor's Hospital

Sunbury Lions Club

Sunbury Ox Roast and Community Festival—Labor Day—Near the Junction of Routes 3 and 37 — 7 am—4 pm.

Whitehall Area Lions Club

Spaghetti Dinner—Oct. 14, 2018 — Noon—4 pm, Berwick Manor Party House, 3250 Refugee Rd., Columbus—\$11.00; Children 10 & Under—\$6.00—Carry out is available!

State News and Information

Volunteers are still needed (maybe a club project) for the upcoming USA-Canada Forum.

We are especially in need of help for the **Strides Walk** on Thursday the 20th of September from 8 am to 1 pm. Most of these people do not have to be signed up for the forum.

We need a minimum of 12 course marshals at intersections, crosswalks, service roads around the Greater Columbus Convention Center to make sure participants do not get hit by vehicles. Besides the 12 course marshals, another 18 are needed for T-shirt distribution in the convention center, lunch distribution in Sensenbrenner Park, plus clean-up and trash removal volunteers are needed too.



Another area of need is for **Airport Greeters** and **VIP pickup**.

Lions can sign up on the state website www.ohiolions.org.

Thank you,

PCC Woody Conrad

A GREAT SERVICE PROJECT FOR OUR STATE!!

PDG Tom Zickefoose is the chairperson for the USA/CANADA FORUM SERVICE PROJECT. They will be putting together Get Well Bags for Children in our local children's hospital's at the forum. Hope you have time to help with this project! Here is a list of hospital we will be making deliveries too.

Columbus- Nationwide
Cincinnati
John Hopkins
Toledo

Our Governors will help deliver these bag to the hospital in their District.



"Service thru Leadership"
Ohio Lions
Global Leadership Team

Executive Committee

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PDG Fred Breyer
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District Coordinators

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1st VDG Mike Kerek – OH5
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PDG Sherry Bingamon–OH6
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IPDG Sue Diehm – OH7
 psdiehm@aol.com

May 1, 2018

Dear Aspiring Lion Leader,

We are pleased to inform you that the MD 13 GLT will once again be offering a "Regional Lions Leadership Institute" to the Lions of Ohio. We are also pleased to announce that we again will offer a third level this year. Levels I and II will be limited to thirty participants. Level III will be limited to 15 participants.

The Lions Institutes are indeed the "Ivy League" of leadership training. The institute at all levels will be a three-day immersion into developing and improving your leadership skills. This training will not only help you in your work with Lions, but also in your profession and your life.

This institute is designed solely to enhance your leadership skills. It will not be about fund raising, membership, or service projects. It will be held at the Deer Creek State Park Lodge, Mt Sterling, Ohio October 26-28, 2018. Attendance is required for all three days.

The cost to participants is \$160.00. The total institute cost per participant is over \$300. Grants from LCI and funds from the MD-13 GLT committee allow you to attend for half of the institute cost. Your only other expenses will be breakfasts, incidentals and transportation to and from. Your hotel room and 2 dinners and 3 lunches will be paid in full by MD 13 GLT. Applications will be accepted based on date of arrival.

With this letter you will find the following material:

- A. Agendas for each of the three Levels
- B. A list of criteria and qualifications for all levels
- C. An Application form

Your application can be filled out and submitted on line via the Ohio Lions website at www.ohiolions.org or via email to MDS Debbie at ohiolions@gmail.com or mailed to MDS Debbie Luttrell at the Ohio Lions Office, 4074 Hoover Rd., Grove City, Ohio 43123.

We are proud to be able to offer this opportunity to the Lions of Ohio and look forward to receiving your application. If you have questions feel free to contact anyone listed on the side column.

Sincerely,

PDG Jay Carey
 MD 13 GLT Coordinator



2019 Ohio Lions Winter Retreat

10th Anniversary

January 18, 19, 20, 2019

REGISTRATION FORM

MAUMEE BAY STATE PARK RESORT

OREGON, OH

**REGISTRATION:**

Full registration paid by December 1, 2018 will be \$120.00. Full registrations December 2, 2018-January 3, 2019 will be \$140.00. No registrations will be accepted after January 3, 2019. Make all checks payable to: "THE OHIO LIONS" and specify LIONS WINTER RETREAT in the memo line and return with this registration form to: Ohio Lions, 4074 Hoover Rd., Grove City, OH 43123; Fax: 614-539-5055; Email: ohiolions@gmail.com. To use your credit card: go to www.ohiolions.org & use PayPal and send your registration form to the address above. **NO CANCELLATIONS WILL BE REFUNDED AFTER JANUARY 4, 2019.**

Please provide an Email address to receive updates on the Winter Retreat!

District

This year Saturday night's meal you'll have a choice of chicken or salmon. Please designate choice below. If no item is marked you will be served chicken.

NAME: _____ EMAIL: _____ Chicken _____ Salmon _____

NAME: _____ EMAIL: _____ Chicken _____ Salmon _____

TOTAL FEES ENCLOSED: \$ _____

Children's meals available: Total number of children: _____ (price per meal to be determined)

SPECIAL NEEDS: Please List any special dietary needs required, including the need for a Diabetic Meal.

Registrant's Name: _____

Needs: _____

Registrant's Name: _____

Needs: _____

Session Facilitators

____ Yes, _____ would help as a session facilitator at the Winter Retreat.

HOTEL RESERVATIONS

Hotel reservations must be made through the hotel at <http://www.maumeebaystateparklodge.com> or by phone 1-800-282-7275. Room reservations prior to November 30, 2018, may be made by requesting the Ohio Lions group rate of \$106.00/night plus tax **with 1 to 4 persons per room**. After November 30th the room rate may increase. The resort only has a limited number of 95 rooms and may sell out. The State Office will not accept hotel reservations or room deposits.



Check out www.maumeebaystatepark.com for all of the winter events and resort amenities that are offered at the lodge. Make this a family outing!!!



International News and Information

INTERNATIONAL NEWS

Emerging Lions Leadership Institute—Chicago, Illinois—November 3-5, 2018. If you are interested and/or want to gain valuable leadership skills this training is for you! Only 100 Lions from our Constitutional Area will be accepted, so sign up early! Cost to attend is \$125. Application forms can be found here: <http://www.lionsclubs.org/resources/all/pdfs/elli-chicago.pdf>

September is **Disaster Preparedness Month**—start planning now to make and practice your plan.

October is **Vision Awareness Month**—start planning now to some vision screenings during this month.

November is **Diabetes Awareness Month**—plan a diabetes screening in your community! See the information in this newsletter for Diabetes screening training!!



Our Foundation Focus



We Give Sight. LCIF helps to restore sight and prevent blindness by improving eye care.



We Support Youth. Through Lions Quest and other projects, youth enjoy opportunities to develop and succeed.



We Provide Disaster Relief. LCIF is committed to immediate and long-term assistance.



We Meet Humanitarian Needs. Programs improve health, **fight measles** and provide aid to the disabled and hearing impaired.



Hands-On Activity: Who Do You Know With Diabetes?

Part Two:

Now that club members understand the impact of diabetes among their fellow Lions, it's time to start thinking about diabetes-related service activities that can make an impact in your community.

Facilitator Instructions:

1. Divide participants in small groups.
2. Give each participant a fresh piece of paper/card stock and a marker.
3. Ask each group to take about 15 minutes to discuss the types of activities that could help prevent and manage diabetes locally.
4. After the group discussion, gather all the participants in one large circle.
5. Have each participant write down an action item they could take, related to diabetes prevention and control.
6. One by one, ask each participant to hold up their papers and name their suggested action.
7. Discuss the different action items as a group.
8. Summarize all the great ideas that have been shared and narrow down a list of service activities your club could do.