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5 Things All Kids Need for March

The response to our 5 Things All Kids Need for 2015 was so positive that we are going to continue using this format for our updates about Positive Youth Development in Canada.

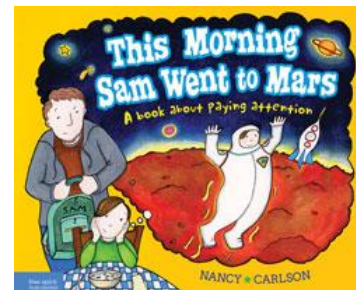


We know that it is the stories that really stick with people when we are connecting around Positive Youth Development. [Let us know](#) what you are doing in your 'neck of the woods' to support the positive development of children and youth. It is by learning from the stories of others that we can more successfully write our own.

"One of the most important things we can do for children is to model the kind of person that we want them to be" - C.B. Hillman

Your friends at Lions Quest Canada

#1 - Strong, Positive Relationships with People Who Care About Them Reading for Pleasure isn't Just an Asset - It's a Great Way to Show Kids You Care



Sharing a good book with a child or young person you care about creates an important bond and can create memories to last a lifetime. [This Morning Sam Went to Mars](#) by Nancy Carlson is a great new story that is perfect for a young person who has trouble focusing - "Eight-year-old Sam is always daydreaming about exploring space and the deepest seas, which is awesome-except when he's supposed to be focusing on schoolwork or stuff at home." Sound familiar at all? Find out how Sam and his dad learn strategies to improve his focus, stay organized and ask for help when he needs it.

To view all of the books and resources we have to offer [visit our online catalogue](#). If you

have any questions please contact [Kay](#) at 1-800-65-2680 ext. 102.

#2 - Safe and Caring Places to Live, Learn and Play

Mount Forest
Family Health Team

Mount Forest Family Health Team Takes the Lead on Community Consultation about Children and Youth

Alison Vasey, Youth Resiliency Worker on the Mount Forest Family Health Team hosted a community consultation with parents and community members recently in an effort to gather input from the community about the topic of children and youth in the area.

Alison attended the [Building Community Capacity Building for Positive Youth Development Training of Trainers](#) held in Oakville, Ontario in the fall of 2014 and she utilized a number of the tools that were introduced in the training including a video made by the team working in St. Albert, Alberta sharing an [address from their mayor](#). She felt this video was a great way to share the concept of Positive Youth Development and Asset Building with municipal officials and council members.

Facilitation techniques learned by Alison in the training were valuable for helping the team connect with the concept of Positive Youth Development and how it supports their existing efforts and goals. Alison uses the [Ambulance in the Valley](#) presentation as part of her introduction to community members because people hear the words they are familiar with and understand how the concepts all fit together. Alison has even turned the Ambulance in the Valley concept into an introductory icebreaker. She has laminated the icons for each approach (ambulance for treatment, net for intervention, street light for prevention, street with light and speed limit sign for PYD) and asks participants to group by the tradition they are currently using to start the conversation.

#3 - Opportunities to Provide Service to Others, Learn and Try New Things

Books With No Bounds Provides a Great Service Opportunity to Help Address the Need for Books in Northern Communities



Looking for a new service project for your class, Leo Club or youth group? This wonderful Canadian

organization was founded by two sisters and as they share on their website "The mission of Books With No Bounds is to provide Aboriginal children and teens living in remote communities, with books donated by publishers, authors, schools, individuals and organizations. Books With No Bounds organizes, catalogues, packs, and sends appropriate books to the Nishnawbe Aski Nations so that Aboriginal children and teens are given critical building blocks for literacy success.

Books With No Bounds believes that every child deserves the opportunity to read and should have access to an enormous supply of books. By providing sorely needed reading material and other learning tools, Books With No Bounds refreshes the shelves of Aboriginal school libraries, community groups and organizations, and ensures children and teens have access to

good books, regardless of where they live.

Books With No Bounds distributes books and other learning tools to students of all ages and strives to promote literacy, Aboriginal cultural sensitivity, and friendship... one book at a time." For more information visit www.bookswithnobounds.com

#4 - Healthy Habits

Public Health Nurse Shares How Their School Health Team are Exploring the Developmental Assets



The following is from an email received from a recent [Building Community Capacity for Positive Youth Development Training of Trainers](#) Participant. The worksheet that she refers to is one of the tools introduced in the training that helps communities understand how to infuse existing efforts with a PYD approach. For more information about the training workshops contact [Kay](#) at [1-800-265-2680 ext 102](tel:1-800-265-2680).

I work for the school health team at the Simcoe Muskoka District Health Unit and we have been exploring DA (ed - Developmental Assets) in my program team meetings which are once a month. We began with a general introduction using the PP (ed - PowerPoint Template from the [Strong Staff - Strong Students](#) resource) template you provided and have been looking at one category of assets each month now to explore it in more detail and identify how it relates to the work we do. We are currently at the beginning of a new operational planning cycle and I wanted to introduce this worksheet to my school health team so that we can use it as a lens to examine some of the programs and models we are currently delivering or supporting in schools to see how we can be more intentionally using these opportunities to build assets in the youth we work with.

Hope you are staying warm! Thanks again for the continuing support,

*Chantelle Reid, R.N., BScN
Healthy Schools Public Health Nurse
Simcoe Muskoka District Health Unit*

#5 - Hope for the Future

2015 Youth Action Net Call For Applications

YouthActionNet
a program of the International Youth Foundation

Lions Quest Canada - The Centre for Positive Youth Development is a proud partner of the [International Youth Foundation](#) and they have recently put the call out for applications to their Laureate Global Fellowship. The Fellowship is sponsored by the Sylvan/Laureate Foundation and recognizes 20 young leaders who have pioneered solutions to urgent challenges in their communities and beyond. Fellows develop leadership



Laureate Global Fellowship

expertise and deepen their impact through a dynamic, yearlong learning experience, and join a network of over 1,000 change-makers like them who continue to benefit from learning opportunities and connections throughout their social change careers.

Do you know a young person who would be interested in this opportunity? [Visit their website](#) or contact [Joanne](#) at 1-800-165-1680 ext 107 for more information. The application deadline is March 25th, 2015.

Lions Quest Canada -
The Centre for Positive Youth Development
[800-265-2680](tel:800-265-2680)
www.lionsquest.ca

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to develop capable young Canadians of positive
character.*

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