



MD4-L3 VENICE-MARINA-LAX LIONS CLUB



invites you to



Philippine Nurses Association
of Southern California, Inc.



Mental Health **FIRST AID**
from NATIONAL COUNCIL FOR MENTAL WELLBEING



LOS ANGELES COUNTY
DEPARTMENT OF
MENTAL HEALTH
hope. recovery. wellbeing.

Adult Mental Health First Aid (MHFA) TRAINING

MENTAL HEALTH MATTERS.

You can make a difference.



Proudly supporting the

ARISE with Tala ng Kalinga:

Advancing Resilience and Equity through
Mental Health First Aid

Learn how to help an adult experiencing
a mental health or substance use challenge.

Be the help. Be the hope.

May 17 & May 31, 2026

8:30 AM - 4:30 PM

Encino Hospital Medical Center

1st Floor Classroom

16237 Ventura Blvd., Encino, CA 91436



FREE PARKING



DORY BAGHALLIAN

Global Service Team Coordinator

MD4-L3

Club Service Chair

Venice-Marina-LaxLions Club



(818) 807-5047

TOGETHER, WE SERVE. TOGETHER, WE HEAL.