

DISTRICT



CHANGING PEOPLES LIVES

Spirit

March 2023

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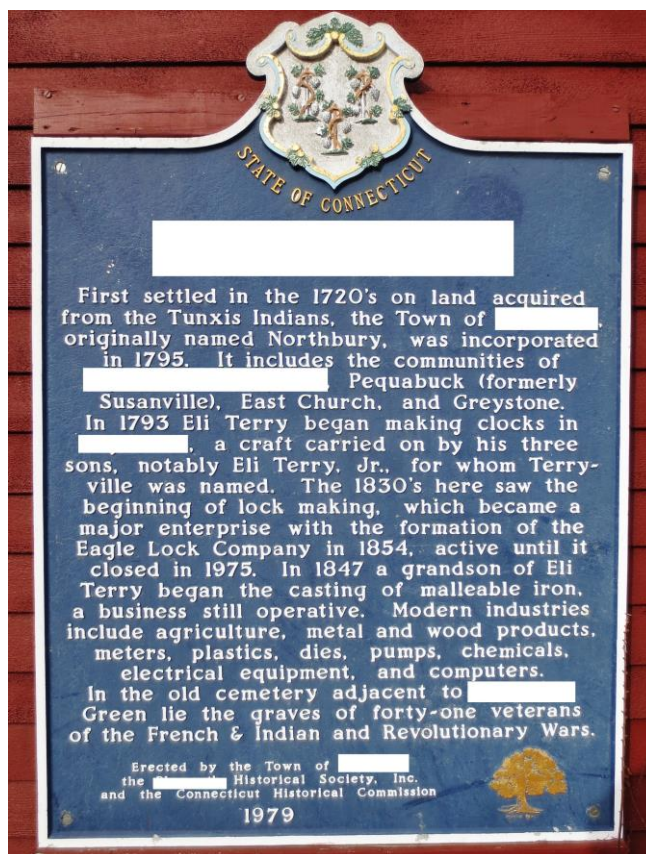
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CLUBS

East Windsor
Woodbury

What Town Is This?



Unsurprisingly, no one got the last town sign. As I said, we weren't even sure it was part of our District until we looked it up – the town was **Berlin**!

So, we're going to try again to see if we can stump everyone. This town is, indeed, within the District, and it has an active club.

Send your entries to District23BSpirit@gmail.com. The first correct response wins, and remember if you live in the town, or are a member of the club there, you are ineligible to claim the prize!

Our thanks go to PDG Dave Yadach for creating this game, which is now in its third year of entertaining and educating us.

The Spirit Team

DG Dave Roberts

Dear Leos, Leo-Lions and Lions,

This year is flying by so fast. Our 2023 MD-23 Lions State Convention was an awesome success. Unfortunately, I missed it due to illness, but I heard much positive feedback from many of the attendees; including a few first time State Convention attendees. Let me be one of the first to congratulate our District's future leaders:

- District Governor-Elect **Peter Nevers** of East Windsor Lions Club
- First Vice District Governor-Elect **Raj Shrestha** of Hartford County Everest Centennial Lions Club
- Second Vice District Governor-Elect **Pete Cianciolo** of Enfield Lions Club



Thank you all for stepping up to serve and we all look forward to serving with each of you! Remember, TOGETHER WE CAN!

Past International Director Mark Lyon presented one Lion from District 23-B with the following recognition at State Convention:

- Lion **Narendra Dev Pant** of the West Hartford Lumbini Club received the Presidential **Certificate of Appreciation**. Lion Narendra is an Immediate Past Club President, Chair of the District's Peace Poster Contest, and Guiding Lion for our newly chartered



Hartford PAK-K2 Lions Club. Lion Narendra is part of our District's diversification to have our Lions' District better represent all residents of Hartford and Litchfield Counties. Even though Lion Narendra is newer to our association, he is exemplifying the results of our District's membership diversification. He has personally recruited 36 new Lions just this year alone. He has the potential to be a future candidate for District leadership. Lion Narendra is truly deserving of the International President's Certificate of Appreciation. CONGRATULATIONS Lion Narendra!

We still have TWO MORE International Awards to present at our upcoming MD-23 Council Meeting on June 12 at 6:30 PM at the Manor Inn in Plantsville.

With less than six weeks left in this Lions Year, I am so pleased to report that we continue to have positive membership growth with 39 net new Lions this Lions Year. Let us end the year strong with good recruitment and retention. Thanks to GMT Alan Hill from Hartland Lions Club and all members who help every day to promote Lionism in our District. In addition to our membership continuing to be positive, and are launching new

Lions Club Branches and Lions Clubs. These are positive signs of a healthy district! And our service results are phenomena thanks to GST Phyllis Perry! Our Leos are accomplishing great results thanks to GLT/District Leo Chair Cindy Daniels. This is all due to each and every one of our Lions, Leo-Lions, Leos and Cubs. THANK YOU!

DEAF AWARENESS

Lions can help support the American School for the Deaf (the oldest school for the hearing impaired in the United States) by participating in the upcoming June 3rd Walk4Hearing (Hearing Loss Association of America) fundraiser at Dunkin Donuts Park on Saturday, June 3, from 9:00 AM to 12 Noon. DG Dave will be leading a team and would love to walk with others to help support deaf awareness. For details, please contact DG Dave at either Granbydavidroberts@gmail.com or 860-469-5067. If you cannot walk, but want to support our team, VENMO @David-Roberts-232 and mention Walk4Hearing.

CELEBRATING NEPAL

1VDG-elect Raj Shrestha and I both serve on the Board of Directors for United Nations Association of Connecticut. We recently co-hosted two joint Lions/UNA-CT events in West Hartford on April 30 and May 7. We were so pleased that West Hartford Mayor Shari Kanter and many of her colleagues were able to join us as was State Representative Kate Farrar. Lions District 23-B presented an LCIF check at the second event to the Nepalese Association of Connecticut for \$2,000 for the upcoming summer school enrichment program; and an additional \$500 was contributed by the West Hartford Lumbini Lions Club, Hartford County Everest Centennial Lions Club and UNA-CT. Check out some of the photos on the next page!

FIFTH DISTRICT CABINET/MEMBERSHIP MEETING

DG Dave

(continued)

Our Fifth District-wide Cabinet/Membership meeting will be held on **Monday, June 5**, at Terryville Fairgrounds Pavilion. This meeting is open to all Lions, Leo-Lions, Leos and Cubs to come and learn about the latest happenings throughout the District. We will be offering a \$5 grinder dinner at 6:00 PM and the meeting will start at 6:30 PM. Please RSVP to Cabinet Secretary Sue Boilard at dsboilard@gmail.com if you are attending NLT 6 PM on June 3rd. IF you don't RSVP and show up for the meeting and your name is not on the RSVP list, you will be required to pay \$10.00. Cabinet Members should send their written reports to CS Sue at least 24 hours before the meeting.

JDRF COLLABORATION

Lions from all three Districts in Connecticut supported our fourth collaboration with JDRF to support diabetes awareness when we helped at their recent fundraiser at Mohegan Sun. 16 Lions greeted and ushered over 500 guests. Thanks to all who helped! See some photos from this event on page 4

CLUB EXCELLENCE AWARDS

It's not too early to begin planning to submit your Club Excellence Award nomination. The Club Excellence Award is the ideal way to set your club on the path to continued success while gaining prestige for excelling in the areas of membership, service, leadership and organizational excellence, and marketing. To qualify for the Club Excellence Award, clubs must meet specific requirements in four categories: Membership, Service, Leadership & Organizational Excellence, and Marketing. Applications are due to Lions Clubs International for 2022-2023 recognition and must be submitted by DG Dave from his email address. Here is a link to the application: [Download application \(2022-23\)](#). Once completed, send

it to DG Dave at GranbyDavidRoberts@gmail.com. For questions, please contact LCI by email clubexcellenceaward@lionsclubs.org or phone (630) 468-6828.

Please don't hesitate to reach out to me at either GranbyDavidRoberts@gmail.com or 858-775-9241 if you need

me personally. My calendar is crazy, but I am always glad to make time for each club and member in our District. Have a wonderful Thanksgiving and holiday season. Together we can do so much more! So, let us "Seize the Day"!

DG Dave



A few pictures from the Celebrating Nepal and other UNA-CT festivities on April 30

JDRF Recap

Thanks to all the eleven District 23-B Lions and one Leo who awoke early this morning and came to Dunkin Donuts Park to volunteer at the JDRF One Walk event! We received a nice "shout out" from JDRL CT/Western MA CEO Jon Muskrat from the field. I hope to meet with Jon in the near future to discuss how we can increase collaboration between JDRL and Lions. And thank you to Avon Lions member for your smiling faces and again raising funds and participating in this walk.

As one of our five global initiatives, diabetes awareness is so critical to our mission. Again, thank you all and enjoy some of the photos from the event! Seize the day,

DG Dave



Some pictures from the JDRF One Walk event, where Lions from around the State volunteered!



East Windsor Lions

The East Windsor Lions sponsored a CPR Class, and paid for the printed material for use by the attendees.

With the near tragedy on the football field this past fall, it was felt that a CPR class would be a great benefit for anyone who had never taken such a course or for someone who had need of a refresher.

To be Red Cross certified, you must take the 4- hour course which covered both adult and pediatric CPR techniques.

The Red Cross limits the participation in each class to 12. Our course was so well received, and had such interest, that the East Windsor Park & Recreation Department will hold another session in the fall. Again, the East Windsor Lions Club will be the sponsor.

In the picture, Lion Jill Turner is demonstrating the technique needed to revive an adult which is thirty compressions and two breaths and repeat until professionals relieve you.

During the height of Covid, the breaths were suspended but the Red Cross is back to including them in the protocol for anyone who is comfortable with it. We were also trained to use a defibrillator.



The Lions' Roar

The next two deadlines for The Lions' Roar are June 15, 2023 and July 15, 2023. Please send your event notices in a text format to D23BLionsRoar@gmail.com.

You should submit all events your club has planned through at least the end of that issue's month (for the June 2023 issue, we want everything from June 25, 2023 through the end of September 2023).

East Windsor Lions Club

On Saturday May 13, postal workers around the State collected bags of food for the hungry. The 5 Corner Cupboard in East Windsor was the recipient of the collections made by Warehouse Point, Broad Brook and South Windsor. Today 3 of our Lions helped sort and package up the supplies and soon the new food items will be on the pantry shelves. We gave nine hours of service and know it was for a good cause.

Below Left: Lion Jill Turner showing the correct technique to apply compressions.

Below Right: A newly CPR certified Lion!



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"All the news that fits, we print!"

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District23BSpirit@gmail.com

The District 23B Spirit

Our next issue of the District 23B Spirit is September 1, 2023. The deadline for all ads and articles will be August 15, 2022.

Ad prices are \$30/quarter page (3.5" wide, 5" long), \$50 for a half-page (7" wide, 5" long), and \$100 for a full-page (7" wide, 10" long). Please provide ads in .BMP, .JPG or .GIF formats only—no .PDF or .PUB files, please. If you don't know how to create an ad, send us your information and we'll create one for you.

Any submitted pictures should be in .JPG or .GIF format, and should be clear (blurry pictures do not reproduce well).

Submit materials for publication to
District23BSpirit@gmail.com.

LIONS AT WORK CAMPAIGN

Join Lions around the state as we showcase our favorite service activities and be entered in the CT Lions Multi-District 23 video contest. Winning videos will be used to promote lions around the state.

Contest Rules & Requirements

The contest is open to all Lions Clubs in Connecticut

Create a 15 - 30 second video clip showcasing your club and its service in the community.

Make sure to include somewhere in the video the slogan "Lions at Work." with these suggested talking points:

- What is the one thing you want the community to know about your club?
- How is this activity serving your community?

There is no limit to video submissions by clubs as long as it is a different topic for each video.

No music in the video.

Make sure there are no logos or advertisements in the video (other than for Lions).

Video permission must be obtained for all Non-Lions in the video.

Videos must be in landscape mode. All entries are the property of the MD23 Marketing Committee and may be used for future promotional purposes.

Videos must be submitted as an attachment to MD23marketing@gmail.com with the subject line "MD23 Video Contest 2023".

All entries are due **Wednesday, May 31, 2023**. Winners will be announced by email on June 15, 2023

Video entries that do not comply with the rules will not be considered.

Winners:

The Multi-District 23 Marketing Committee will choose a first-place (\$300), second-place (\$200), and third-place (\$100) winner. Winners will be selected based on creativity, quality of the video, overall appeal, and the best representation of Lion at Work,

Questions:

Please email Carol Goldberg, District A, at crgoldberg@comcast.net, Frank Longo, District B, at fmlongojr@gmail.com, and Paula Roswell, District C, at paularoswell@hotmail.com with any questions.

Woodbury Lions Club

Our Maifest on May 14 was a success! The weather was perfect, and everyone had a great time.

Our next event is the 44th Car Show and Summerfest on June 4 at Hollow Park. With over 300 show cars expected, we hope to see over 1500 spectators checking out the cars. We also have food trucks, craft beer, and games for children. Admission is \$20 for show cars, \$10 for walk-ins, and children 5 and under are free! We also start Duck Race ticket sales at the show, so come down and buy yours!

 <p>SAVE East Hartford Lions Club</p>	<p>WALK DOWN YOUR AIC WALKATHON East Hartford Lions</p>
<p>JUNE 3RD 2023</p>	 <p>THE</p>
<p>DATE lionseasthartford@gmail.com</p>	<p>SUNSET RIDGE MIDDLE SCHOOL 450 SILVER LANE East Hartford, CT</p>

DGE Peter Nevers

The East Windsor Lions Club was proud to nominate Lion Peter J. Nevers to the office of District Governor for District 23B.

During his 44 years of membership in Lions Clubs International, all of those years with East Windsor Lions, Peter has served as Club President several terms and sat on the Board of Directors for many years. He has been Lion Tamer and Tail Twister and chaired many projects. He has held many positions in the District as well.

For all this service Lion Peter has received the Melvin Jones Fellowship, and Ambassador of Sight, among other awards and recognition, and is a Life Member of Lions Clubs International.

Peter is a veteran of the Vietnam War and was honorably discharged from the United States Marine Corps after being wounded in combat, receiving the Purple Heart.

Outside of Lions, Peter has served our Town as member of the Board of Selectmen, and the Board of Finance and on the Charter Revision Committee as well as the Youth Committee. And Lion Peter is currently a member of the American Legion serving as Commander of Post 133 Color Guard/Funeral Honors Detail.

Peter's life work has been one of service. He will continue that mission during his tenure as District Governor.

The East Windsor Lions Club stands behind him in all his efforts and wishes him a very successful year and then many more years to follow. Why is Peter a Lion, JUST ASK!!!



Club Officer Training and Lions Learning Sessions

**“Let’s All Get Ready for
a Successful Lions Year**

**Saturday, June 24th, 2023
7:45am-1:30pm The LP
Wilson Community Center
599 Matianuck Ave.,
Windsor, Ct.**

This training, will provide both incoming, current Club officers and all Lions, in attendance large group and small group focused interaction, instruction, fun and take aways. All participants will complete this training with confidence, energy and readiness to engage their Club and the community they serve for the 2023-24 Lions year. In addition to Officer training the following will also be covered for all in attendance;

- The Brand New LCI Format; Make It Your Friend!
- The A, B, C’s of Promoting Your Club
- Service, One Size Does Not Fit All

Please send any questions and register by June 18th by using this link:

<https://forms.gle/eZ2bT2RJcjVSVF4H9>

I am looking forward to being with all of you!



Without community service, we would not have a strong quality of life. It's important to the person who serves as well as the recipient. It's the way in which we ourselves grow and develop.

District Officers

Dave Roberts
District Governor

Peter Nevers
First Vice District
Governor

Raj Shrestha
Second Vice District
Governor

Sue Boilard
Secretary

James Daniels
Treasurer

Dave Boilard
Zone 1 Chair

Frank Longo
Zone 2 Chair

John Spatcher
Zone 3 Chair

Nancy Lyons
Zone 4 Chair

Tanya Dorman
Zone 5 Chair

Akella Sarma
Zone 6 Chair

Madhav Atreya
Zone 7 Chair

Nine Reasons to Go to LCIcon

Friendship and fellowship

LCIcon is the perfect place to connect with Lions and Leos from around the world and even make some new friends.

Show your pride

The pins and vests, the stories and success will be on full display in Boston. Look the part and wear your favorite Lions gear!

Listen and learn at seminars

Hear from fellow Lions and Leos about their projects and find out how you can enhance your own Lions experience.

Serve with your fellow Lions and Leos!

Take part in some big service projects — it's what Lions do best!

Explore the Exhibit Hall

Grab branded merch at the Lions Shop, listen to your fellow Lions and Leos on the Lions Den stages, plus so much more!

Join the International Parade of Nations

Watch fellow Lions and Leos show their pride on the streets of Boston, walk in the parade or compete for prizes!

Enjoy world-class entertainment and speakers

See exciting performances, listen to live music, and get inspired by celebrated speakers.

See the city on the hill

Explore the historical trails and modern amenities of our beautiful host city with an official tour — or do it all on your own.

Make life-long memories

Head to Boston July 7-11 to be part of something big — a Lions celebration like no other that you won't want to miss.



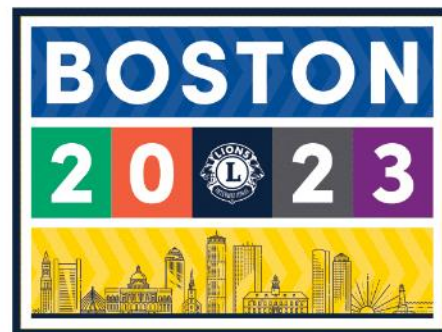
**COMING TOGETHER.
MOVING AHEAD.**



Celebrate service in Boston

At LCIcon 2023, Lions and Leos will unite to forge a path to a better world. Come celebrate service with us, and enjoy the sights, history and culture of Boston.

- Enjoy historical trails and indulge in excellent food and drinks.
- Take part in empowering seminars, hear from Lions leaders and inspirational speakers.
- Enjoy world-class entertainment and meet your fellow Lions and Leos.
- Join the Parade of Nations on the historical streets of Boston.



Lions 105th Annual International Convention • Boston, Massachusetts, USA • July 7-11, 2023