

DISTRICT



CHANGING PEOPLES LIVES

Spirit

March 2023

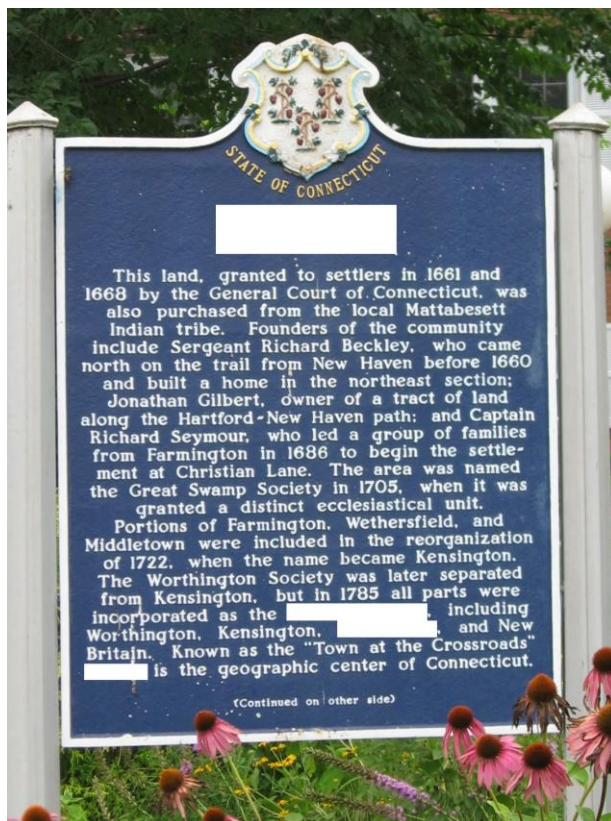
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CLUBS

Avon
East Windsor
Plainville
Watertown
Windsor
Woodbury

What Town Is This?



Lots of guesses on the last sign, many of them correct! We set a record with eleven responses, but Lion Brian Lavinge was the first with his guess, **Windsor**!

We hope this issue's sign is a bit harder—we actually had to look up to see if this town is in District 23B.

So, here's this month's sign. Remember, all signs can be found in District 23B (Hartford and Litchfield Counties) whether they have a club or not. If you're from that town, you're ineligible to win.

Send your entries to District23BSpirit@gmail.com . The first correct response wins!

Our thanks go to PDG Dave Yadach for creating this game, which is now in its third year of entertaining and educating us.

The Spirit Team

DG Dave Roberts

Dear Leos, Leo-Lions and Lions,

This year is flying by so fast. We survived the coldest day of the year while we attended our 2023 Mid-Winter Conference, which was an awesome success. Highlights and photos are included in this edition.

In addition, our membership continues to be positive and we are launching new Lions Club Branches and we hope chartering another new Lions Club. Our service results are phenomenal! Our Leos are accomplishing great results. This is all due to each and every one of our Lions, Leo-Lions, Leos and Cubs. THANK YOU!

HIGHLIGHTS OF OUR 2023 CONNECTICUT LIONS MID-WINTER CONFERENCE

MD-23 LEO OF THE YEAR: Leo Sophia Marangoudakis of Northwestern CT Cyber Leos Club was selected as the State of Connecticut Leo of the Year for all her outstanding service and leadership. Leo Sophia is also a member of our District 23-B Cabinet. Congratulations Leo Sophia!

AWESOME PRESENTATION: Leo Mihika Joshi gave an awesome speech to the MD-23 LEO Mid-Winter Conference!

MD-23 PEACE POSTER CONTEST WINNER: Samaria Qureshi and her family represented us so well as the MD-23 Peace Poster contest winner. Her winning poster was made into a ceramic mug and used as gifts for our visiting dignitaries. Samaria was sponsored by the Windsor Locks Lions Club. Congratulations Samaria and we look forward to your parents joining Lions!

MD-23 SERVICE PROJECT: Our project this year was a children's pajama drive to help those in need. Our district came in second and I was SO PROUD of all the clubs and



Lions/Leos who supported our efforts. Thanks to GST Phyllis Perry for her leadership and helping ensure that these donations get to the appropriate agencies in need. You all did AWESOME!

AWARDS: International Director Jay Moughon and Past International Director Mark Lyon presented three Lions from District 23-B with the following recognitions:

Second Vice District Governor **Raj Shrestha** of the Hartford County Everest Centennial Lions Club received the **Presidential Award** for his outstanding work growing District 23-B and promoting diversity and inclusiveness. He has helped launch multiple new Lions Clubs, including our new Hartford PAK-K2 Lions Club. In addition, 2VDG Raj serves as a Club Development Specialist and as a Guiding Lion for two new Lions Clubs. 2VDG Raj is a go-to leader and an excellent networker who gets every assignment accomplished. He advocates diverse membership and the value of diversity to our association's founding principles. In addition, he works to promote (and personally contributes to) our LCI Foundation to show the value it adds to all members. Lion Raj Shrestha exceeds all the requirements for the Presidential Award through his exemplary service that has expanded our District's, Multiple District's and Constitutional Area 1 membership and promotes diversity in

membership recruitment.

Zone Chair **John Spatcher** of the Granby Lions Club was honored with the **Leadership Award**. Lion John has reinvigorated the Granby Lions Club and expanded its membership with seven new members just this Lions Year. His club has come out of the pandemic much stronger under his leadership and is featured in the local press frequently increasing service project quality and quantity in the Valley region. He personally supports LCIF and has promoted it to the other clubs within his Zone. He chairs impactful Zone meetings and attempts to make all club meetings for all clubs in his Zone. John is very involved in his community and has been tapped for a number of leadership roles. He works well with everyone and provides exceptional leadership in all his undertakes. Lion John is also being mentored for future District and Multiple District leadership. For all these reasons, Zone Chair John Spatcher was recognized with the International Leadership Award.

Lion **Judy Doyle** of the Barkhamsted Lions Club received the Presidential **Certificate of Appreciation**. Lion Judy joined our association just one year ago and immediately took on major leadership roles based on her extensive experience outside our association. She serves as Treasurer of Barkhamsted Lions Club, serves on the Mid-Winter Conference Committee and multiple roles, and currently is Chair of the MD-23 Marketing and Communications Committee. Lion Judy has excellent leadership skills, outstanding speaking skills, and gets along well with everyone. She is extremely dependable and is always willing to find a solution to any challenge. Based on her exceptional capabilities, she is truly someone for us to keep our eyes on for future leadership opportunities. Lion Judy is truly deserving of the International President's Certificate of Appreciation.

DG Dave

(continued)

OFFICER NOMINATIONS:

Congratulations to Second Vice District Governor Raj Shrestha of Hartford County Everest Centennial Lions Club on his nomination to First Vice District Governor and to Lion Peter Cianciolo of Enfield Lions Club on his nomination to Second Vice District Governor. First Vice District Governor (our next District Governor) Peter Nevers of East Windsor Lions Club and you two will make an outstanding leadership team for our District and Lions Clubs International. Thanks for all you do to serve others!

(Editor's Note: There are lots of photos later in this issue!)

NEW "CONNECTICUT 988 LIONS CLUB BRANCH" DEBUTS AT 2023 MID-WINTER CONFERENCE

Our newest District 23-B Lions Club Branch, the Connecticut 988 Lions Club Branch sponsored by the Northwestern CT Cyber Lions Club, made its maiden debut at the 2023 Mid-Winter Conference showcase with a table display. Club President Kim Beck and member Cara Nguyen and Siena Nguyen helped prepare all the material for the display and many Lions staffed the table. The goal of the display was to educate over 300 Lions and Leos on the 988 call number to connect those in need with direct mental health services. Judy Doyle and GMT Alan Hill also helped staff the table for the Branch. The Branch currently has 6 Lions and 2 Leos and is looking to recruit more members who are interested in promoting mental health awareness and closing gaps in mental health services in local communities. The Branch also took out a full page ad in the 2023 Mid-Winter Conference Directory. For more information on this initiative, please contact Branch President Kim Becker at kl.becker@cox.net or 860-748-9388. (Photo 3709)

ANOTHER NEW LIONS CLUB IS FORMING IN DISTRICT 23B

We are pleased to announce that a

second new club is forming in our District (this will be the 56th club overall in our District) as a direct result of one of our Lions Club Branches wanting to advance to full Lions Club status. The Riverton Lions Club is being formed and hopes to charter this Spring. The club organizers are Paul Dailey and Dave Roberts. This Specialty Club will focus on the historic village of Riverton and plans to partner closely with the Riverton Merchants Association. The new club is being sponsored by the Barkhamsted Lions Club. Thanks to Lions Sue and Dave Boilard, Judy Doyle, Alan Hill and 2VDG Raj Shrestha for helping on this new club development. The Information Meeting is scheduled for Friday, March 10, at 6:00 PM at the Riverton General Store. Light refreshments will be served. If you know anyone interested in joining as a Charter Member of this newest specialty club or just want to learn more information, please contact District Governor Dave Roberts at either Granbydaveroberts@gmail.com or 860-469-5067.

CELEBRATING NEPAL

2VDG Raj Shrestha and I both serve on the Board of Directors for United Nations Association of Connecticut. We are planning a program on Sunday, April 30, focused on Nepal and the connection between Nepal, Nepalese-Americans, the United Nations and Lions Clubs International. The event will be held in the West Hartford Town Auditorium from 2:00 – 4:00 PM. Please save the date and time and join us to learn more about Nepal and our Lions connection to Nepalese-Americans here in Connecticut.

DISTRICT GOVERNOR'S AWARDS BREAKFASTS:

ZONES 1 – 4: This year, the Governor's Annual Award Breakfast will again be held at the Elks Club in Torrington on Sunday, March 5, 2023. The Elks is located at 70 Litchfield Street. The cost of the breakfast is \$20 per person. The doors will open at 7:30 am with

coffee served at 8:00 am. Breakfast will be served at 8:30 am.

Registrations and payments must be made in advance. There will be **no walk-ins allowed**. Each club is also asked to bring a door prize for our raffle. The deadline for registration and payments is Wednesday, February 15th. We are requesting that clubs again choose a member to honor as their "Outstanding Lion and one as their "Rose Amanda Freeman Selfless Service Award" individual. Both awards allow us to recognize individuals who have gone above and beyond in service to their club and community. Please respond with your selections for both awards and complete the justification form and submit it to DG Dave Roberts at Granbydavidroberts@gmail.com.

We will also recognize those special individuals who are 100% Secretaries as determined by the district. It has also been our tradition to collect used eyeglasses, sunglasses, and hearing aids when we meet in person. We expect to still collect these, so bring them to the breakfast. Early breakfast registration is appreciated! Tables and seating will be assigned based on the date that I receive your registration and payment. For any questions, please contact Lion Nancy Lyons, Breakfast Chair for Zones 1 – 4, at nschnyer0035@charter.net.

ZONES 5 – 7: On Sunday, March 12, we will be celebrating Lionism by presenting a member of each of our clubs with the "Outstanding Lion Award" as well as awarding a member of each club with the Amanda Rose Freeman Award for selfless service. In addition, we will be recognizing our 100% Secretaries. Not every club has a 100% Secretary, so we feel it is only right that we praise them for their efforts. This year we are having our event in the same venue, Glastonbury Hilton Garden Inn, as last year. At this event, we ask you to bring a raffle gift you would want to win, flyers promoting any of your upcoming events, and of course, your collected, used eyeglasses,

DG Dave

(continued)

sunglasses, and hearing aids. In the interest of saving time, rather than taking pictures as awards are given, please wait until the end of event to coordinate with your club members for picture taking. Please name your "Outstanding Lion" honoree and the individual who will be receiving the Rose Amanda Freeman Award for their selfless service, and call or email Cindy Cooper at 860-729-8034

or lioncindycooper@gmail.com, by March 8, 2023. There is a justification form attached which will be used to announce your Outstanding Lion and Amanda Rose Freeman awardees, which will save time as well as any nervousness felt by club presidents. Send your justification form to DG Dave Roberts

at granbydavidroberts@gmail.com. We are limited to 150 spots, so the sooner that you can respond, the better. For any questions, please contact Lion Cindy Cooper, Breakfast Chair for Zones 5 – 7, at lioncindycooper@gmail.com.

FOURTH DISTRICT CABINET/MEMBERSHIP MEETING

Our Fourth District-wide Cabinet/Membership meeting will be held on **Monday, March 6**, at Hillstown Grange Hall, 617 Hills Street, East Hartford, CT 06118. This meeting is open to all Lions, Leo-Lions, Leos and Cubs to come and learn about the latest happenings throughout the District. We will be offering a complimentary dinner at 6:00 PM and the meeting will start at 6:30 PM. Please RSVP to Cabinet Secretary Sue Boilard at dsboilard@gmail.com if you are attending NLT 6 PM on March 3rd. IF you don't RSVP and show up for the meeting and your name is not on the RSVP list, you will be required to pay \$10.00. Cabinet Members should send their written reports to CS Sue at least 24 hours before the meeting.

CLUB EXCELLENCE AWARDS

It's not too early to begin planning to

submit your Club Excellence Award nomination. The Club Excellence Award is the ideal way to set your club on the path to continued success while gaining prestige for excelling in the areas of membership, service, leadership and organizational excellence, and marketing. To qualify for the Club Excellence Award, clubs must meet specific requirements in four categories: Membership, Service, Leadership & Organizational Excellence, and Marketing. Applications are due to Lions Clubs International for 2022-2023 recognition and must be submitted by DG Dave from his email address. Here is a link to the application: [Download application \(2022-23\)](#)

Once completed, send it to DG Dave at Granbydavidroberts@gmail.com. For questions, please contact LCI by email clubexcellenceaward@lionsclubs.org or phone (630) 468-6828.

LET'S SUPPORT ECAD AND THE ECAD LIONS

The Educated Canines Assisting with Disabilities (ECAD) Lions Club Branch is a specialty group committed to supporting the mission of the non-profit ECAD to enable people with disabilities to gain greater independence and mobility through the use of specially educated dogs. ECAD Lions have a number of new service opportunities:

Collect new or gently used bath towels (collection boxes are located in Barkhamsted at the Town Hall and Barkhamsted Senior Center). Or you can call Jackie Martin at 860-379-2019 to coordinate pickup.

Sign up for the Home for the Weekend Home Handler program. Home handlers assist in teaching home manners, giving the dogs a break, socializing them with dog friendly activities, and continuing their education. It's quick and easy to sign up...all you have to do is complete this [short application](#) and a member of the ECAD team will get in touch with you.

Sign up to be a Nursery Team volunteer to welcome an ECAD puppy into your home for 6-7 months until it is ready to begin training. ECAD provides food, kennel, etc. Nursery Team volunteers begin to teach the puppy basic commands (sit, come, down, stay, etc.), household manners, and get to explore new and different things. It's quick and easy to sign up...all you have to do is complete this [short application](#) and a member of the ECAD team will get in touch with you.

Be on a call list to volunteer to drive "service dogs in training" in your POV to the veterinarian. Volunteer to help groom dogs at the Winchester campus (149 Newfield Road, Winchester).

If you have questions, or would like to volunteer, please contact ECAD Kennel Manager Brandi Lebel at 860-489-6550 (ext. 533), or email her at Kennelmanager@ecad1.org.

Please don't hesitate to reach out to me at either GranbyDavidRoberts@gmail.com or 858-775-9241 if you need me personally. My calendar is crazy, but I am always glad to make time for each club and member in our District. Have a wonderful Thanksgiving and holiday season. Together we can do so much more! So, let us "Seize the Day"! DG Dave

Dave Roberts

District Governor (2022-2023)

Lions, Leo-Lions, Leos & Cubs of Hartford & Litchfield Counties (District 23-B)
P.O. Box 155, Riverton, CT 06065
GranbyDavidRoberts@gmail.com;
860-469-5067



Above: Join the Riverton Lions on March 10 at 6pm here!



Lions Club International
FOUNDATION



2023
**Melvin Jones
BREAKFAST**

Join us in
celebrating the
accomplishments
of your
FELLOW LIONS



TIME: 9 AM REGISTRATION
9:30 BREAKFAST
COST \$35.00
REGISTRATION DEADLINE
APRIL 7TH.

Our honored guests will be IPIP & LCIF Chair Douglas X. Alexander and PID Mark Lyon to give out the MELVIN JONES FELLOW recognitions.

II MONTICELLO BANQUET HALL
577 South Broad Street, Meriden

Checks payable to East Hartford Lions and mailed to
PDG Ed Fenton, PO Box 380393, East Hartford, CT 06138

Made with PosterMyWall.com

2023 MidWinter Recap

After two years of COVID cancellations, 300 Connecticut Lions and Leo's gathered for a weekend of inspiration and celebration at the 72nd Annual Midwinter Conference at the Wyndham Hotel in Southbury.

Starting off the weekend with DJ Jazzy Kat, Trivia, and Cornhole, we partied the night away.

On Saturday, Lions participated in seminars covering everything from Marketing to Membership, and International Director James "Jay" Coleman Moughon fired up the crowd as the keynote speaker.

Sunday was a little more low-key, with an informational breakfast and a goodbye to our International Director and friends.

Thanks to everyone who attended and donated to our midwinter service project. We collected 1,590 pajamas for infants and children in need.

Many hard-working Lions made this weekend informational, inspirational, and fun. It was a spectacular time for Lions by Lions.

If you couldn't make it, take a few minutes to enjoy this video snapshot of the 2023 MD23 Midwinter Conference:

<https://youtu.be/Wa8kPPkYMow>

Our next big event is in Boston. We look forward to seeing you there, where we will be endorsing PID Mark Lyon for International 3rd VP!

The **Bloomfield Lions Club** has provided more than **80 years** of service to the community and we are celebrating



You are invited to celebrate with us
Saturday, April 29, 2023 6PM
\$50 Buffet Business or Semi-Formal Attire
Father Pitcher Hall - Sacred Heart Church
26 Wintonbury Ave, Bloomfield, CT 06002

www.bloomfieldlionsct.org

bloomfieldlionsct@gmail.com

860 881-4198



2nd VDG Candidate Peter Cianciolo

My Lions journey started in 2005, when I, and seven other family members, were asked to join the Winsted Lions Club. We all said “yes”, and in the 2005/2006 Lions year, we were all sworn in by DG Francisco Medina, and Lion Leonora Lemlyn, known to me as “Grandma Lee”, sponsored and pinned us all. I received a perfect attendance award for that year, and Lion Blanche Sewel nominated me for club president, and in my term, received two DG’s Outstanding Lions awards for the Winsted Lions.

About this time, the director of the Beardsley Memorial Library in Winsted reached out to me to ask if the Lions could help them with delivering books to shut-ins. This came after the Winsted Lions performed a Community Needs Assessment (they DO work!) This is a project we assisted with for several years.

In early 2008, my service on the Winchester United Rec Soccer board made me aware of a 5-year-old in town who was battling cancer. An account at a local bank was set up in an effort to raise funds to assist the family with uncovered expenses from the insurance company. I shaved my head and wouldn’t grow it back until \$2500 was raised; The Winsted Lions started the fund with a \$350 donation. After the Waterbury Republican-American ran my picture and wrote a story, the money came from everywhere, and we soon reached our goal (Yes, I did grow my hair back.)

In September of 2008, a storm blew through town and left debris over several soccer fields. The Rec Director reached out to me, and I led a team of Lions, soccer parents, and other volunteers who picked up sticks, rocks and other trash from all over the park so that we could play safely on them for the weekend.

In my time as a Lion since then, I became active with Lions on the District level, being Zone 1 chair,

the District CRIS Radio Chair, completing a “Train the Trainer” course, completing Certified Guiding Lions Training, co-chaired the District publicity committee (receiving a President’s Certificate of Recognition from Dr. Naresh Aggarwal for that), appeared on the very first episode of “Lion Around Connecticut” on Winsted Public Access Television Channel 13, and began hosting the Lion Around Connecticut Radio show on WAPJ Torrington 89.9 and 105.1 FM, an effort I continue through today, hosting the 314th episode on February 13 of this year. I have been nominated for the new LCI Marketing Award for this. I am currently working on a Multiple District “Beeper Baseball” project that will allow children and adults with vision impairments to participate in America’s National Pastime.

I am now with the Enfield Lions Club, having moved from Winsted in 2012, and finding a club closer to me has allowed me to spend more time with Lion activities, instead of spending it driving across the state. My experience with the Winsted Lions Club has helped both me and my new club, as they recognized my contributions to Lionism and elected me their Vice President.

My year as 2nd VDG will be a learning year as I intend to learn as much as I can in order to lead our district into the future. Someone posted on the Lion Around Connecticut page that “Beware of people who brag about who they are; a Lion will never have to tell you they’re a lion”. The problem is that we don’t need to brag, but we need to passionately talk about it, and our enthusiasm will cause them to ask, “How can I be a part of that?” Not everyone knows who we are, and why we do it, so we have to tell them.

We are Lions, hear us ROAR!



Woodbury Lions Club

The Woodbury Lions completed their season of giving with a \$5000 contribution to Regional Hospice for their North Star program, which provides palliative care for babies, children and adolescents.

After that, we lit up the town of Woodbury with our annual Christmas Eve Luminaria display, which we reduced to three areas due to the frigid weather. However, we still managed to bring some light to the town.

Facilitated by
EW Parks and Rec

Adult & Pediatric

American Red Cross

First Aid, CPR, AED

Sponsored by the
Lion's Club

Date: Saturday, April 22nd
Time: 9:00am-1:00pm
Ages: 15+
Cost: \$36.00
Location: Town Hall Annex
Register at www.EastWindsorRec.com

The American Red Cross First Aid/CPR/AED program provides participants with the knowledge and skills they need to recognize and respond appropriately to cardiac, breathing and first aid emergencies

Lions Pin Traders

Most of you are aware that pin trading is done by many Lions, but few understand what Lions' Pin Trading is all about, and that is a subject for a club presentation at a later date that Phil Dzurnak and/or I would be pleased to provide. However, this is to introduce Lions International Pin Trading Club's Youth Scholarship Program.

In 2010 LITPC president Jim Minnich convinced a few other traders that we should establish scholarship program for deserving children/grandchildren of Lions or Leos. The initial effort produced funds to award one scholarship in the amount of \$2,500.00 which was awarded in 2012.

As funds have amassed, we have been able to increase to two, three, or four such scholarships as funds are available each year. Over this period we have awarded twenty-four such scholarships to deserving high school seniors from our Lions family. Each MD scholarship committee is allowed to submit two applications each year.

In 2021 and 2022 LITPC again advertised for applications for scholarships and received thirteen as of March of that year. After careful evaluation of these deserving students' applications three and four were chosen. Connecticut had one in 2021, and two in 2022.

In 2021 Abby Lynn St. Martin from the Putnam II Leo Club was awarded a scholarship. In 2022 as competition was very strong our applicants were not as successful. I was extremely proud to submit all three applications and am hopeful that 2023 will bring even more interest.

In this coming year Phil, and I are expecting many more applications to present to the LITPC committee. Applications may be found in litpc.org under the subheading Scholarships, or by contacting me and I will forward one to you.

The Lions' Roar

The next two deadlines for The Lions' Roar are March 15, 2023 and April 15, 2023. Please send your event notices in a text format to D23BLionsRoar@gmail.com.

You should submit all events your club has planned through at least the end of that issue's month (for the April 2022 issue, we want everything from March 25, 2023 through the end of July 2023).

If you have a child, grandchild, or Leo who is a high school senior please encourage them to complete at application. As a wise person once said, "You can't win if you don't play", or in this case, apply.

For 2023, completed applications need to be returned to me by March 1, 2023 to allow for review and submission to LITPC.

Contact info is:
Walter F. Keach, Scholarship Chair,
Pin Trading Club of Connecticut, 450
Pumpkin Hill Road, Ledyard, CT
06339
walterfkeach@gmail.com
860-917-8834

Yours in Lionism,
Walt Keach, and Phil Dzurnak

East Windsor Lions Club

The East Windsor Lions Club invites you to their Farmer's Breakfast on Sunday March 26, 2023 from 8am until noon.

The event will be held at the East Windsor High School with a menu of Pancakes, sausages, fruit, coffee, tea and juice.

The cost is \$6 per adult, and \$5 for seniors, military, and children under 10.

All proceeds from this event go to scholarships!



Published four times a year
"All the news that fits, we print!"

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District23BSpirit@gmail.com

The District 23B Spirit

Our next issue of the District 23B Spirit is June 1, 2023. The deadline for all ads and articles is May 15, 2022.

Ad prices are \$30/quarter page (3.5" wide, 5" long), \$50 for a half-page (7" wide, 5" long), and \$100 for a full-page (7" wide, 10" long). Please provide ads in .BMP, .JPG or .GIF formats only—no .PDF or .PUB files, please. If you don't know how to create an ad, send us your information and we'll create one for you.

Any submitted pictures should be in .JPG or .GIF format, and should be clear (blurry pictures do not reproduce well).

Submit materials for publication to
District23BSpirit@gmail.com.

Leos Are NOW!

District 23B Leo Chair
Cindy Daniels

"Together we can." Leos believe this too! Leos from East Windsor, Granby and Windsor Sage Park served together at the Special Education Christmas Party held at St Bellarmine Community Center in Windsor Locks on December 7th and 8th. Leos served, made new friends, had fun and brought smiles to all in attendance! Some of our Leos serving at this event told me that they were turning 18 and are ready to graduate. Each year we have Leos who age out of Alpha Leo Clubs at 18 and out of Omega Clubs at age 30.

Deciding when to transition to Lions membership is a very personal decision for Leos to make. However, it's extremely important to provide information of the options available to them so that Leos can develop plans for future service before the end of their last eligible year serving in an Alpha or Omega club.

Please take an opportunity over the next four months to discuss these options with your Leos. I am available to come and talk with Leos to present options and answer questions. Our Leos are Leaders and we need to offer them continued opportunities to serve and form friendships with likeminded individuals.

Youth can transition to

Traditional Lions Clubs: Many Leos choose to continue serving as Leo-Lions in their sponsoring Lions club. Traditional community-based Lions clubs offer flexibility to reach new groups of people and serve a variety of communities. Students ages 30 and younger joining any club type pay half international dues and get a charter or entrance fee waiver.

Leo-Lion Clubs: Leo-Lion clubs offer a special opportunity for former Leos to continue serving together.

Lions of all ages may join a Leo-Lion club to form dynamic multigenerational clubs. Club members ages 30 and younger, who are not Leo-Lions, are eligible for the same international dues discount and fee waiver as their Leo-Lion friends under the "Young Adult" membership type. Leo-Lion clubs offer Leos distinct opportunities.

Campus Lions Clubs and Student Membership:

Campus Lions clubs offer a great opportunity for Young Lions interested in serving while pursuing their education. Leos who are used to serving in school-based clubs may find this club option particularly appealing. Clubs can be formed with students from one or more educational institutions including: universities, private and junior colleges, career preparatory schools and technical learning schools.

Club branches: Presently, District 23B has a Leo-Lion Club Branch accepting new members. Only five members are required to form a Club branch of a sponsoring Lions club. With support from the parent club, members can meet and choose service projects that they are passionate about. Members can use this Leo-Lion Branch Club as a forum to discuss, plan and report community service endeavors.



Leo of the Year

Leo Sophia Marangoudakis was named Leo of the Year and was celebrated at MD Midwinter Conference.

Leo Sophia, a Leo for five years, has been an officer in two newly chartered Leo Clubs. She served as Secretary in the Windsor Leos at Sage Park Club and then joined the Northwest Ct. Cyber Leos when she changed schools. She became the Club President installed by then VIP Brian Sheehan, who chartered this Club at a previous Mid-winter Conference.

Leo Sophia is the District 23B Leo Representative to Cabinet. She leads at the Club, district, and multiple district level, always taking the opportunity to encourage and involve other LEOs and Lions. She accepted the opportunity to coordinate LEOs from all three Connecticut Districts in their planning, participation and successful execution of virtual Leo Midwinter Conferences for the past two years. She served with Lions from our Multiple District and beyond.

Leo Sophia has spoken about Leo initiatives with past, present and incoming International Presidents Douglas Alexander, Gudrun Yngvadottir, and Brian Sheehan. Leo Sophia collaborates and designs Leo service projects with community partners and excels both academically and in her community. Leo Sophia will represent our Multiple District well as Leo of the Year as she displays Leadership, takes opportunities offered and gains the experience needed to best serve her community and beyond. Her recognition is now recorded on the LCI website.

Congratulations Leo Sophia!

Left: Leo of the year, Sophia Marangoudakis with District Leo chair Cindy Daniels

Windsor Lions Club Upcoming Events

Spring is a very busy time for our Club!

Our Windsor Lions Kidsight Team will be at the Windsor Main library on March 9th and March 10th providing eye screenings for youth from 6 months old. We also target the homeschooled population.

On Sunday, March 19th we are holding our third Red Cross Blood Drive. For the first time we are serving in collaboration with the Bloomfield Lions.

Windsor Lions and Leos will be on the beautiful Windsor Town Green with our Easter Plant Sale from Thursday, April 6th-Saturday, April 8th.

Our 47th Annual Arts and Craft Fair will take place on Saturday, May 13th. Followed by our Lions Club collaboration with the Windsor Shad Derby Fest on Saturday, May 20th. The Windsor Lions have a "Kid Zone," best food booth on the Town Green, and a Beer Tent, where we man and woman the taps with the Rod and Gun Club!



FREE VISION SCREENING

Lions kidSight usa

Community Eye Screening For Children

Thursday, March 9th and Friday, March 10th 2023

11 am - 1pm at the
Windsor Public Library
323 Broad St, Windsor, CT

Sponsored by the **Windsor Lions Club**

Healthy vision is essential to your child's success in school

For more information about the Windsor Lions Club please visit:
<https://e-clubhouse.org/sites/windsorct> or
<https://www.facebook.com/WindsorLions/WindsorConnecticut>

Windsor Lions Club Supports Windsor Libraries

The Windsor Lions Club, continuing their long-standing collaboration with the Windsor Public Libraries are financially promoting additions to existing titles written by African American or Latino authors for middle school and teen students.

This donation, made in conjunction with the birthday of Martin Luther King, empowers Library Director Gaye Rizzo and Library Branch Manager Gabbie Barnes to use their purchasing power to enhance existing collections and to purchase new titles based on the needs of the Windsor Community.

Previously, answering the needs of our community, the Windsor Lions Club has added to the number of large print book collections at both Windsor Libraries. For more information on the many service projects done by the Windsor Lions, and to hear about membership opportunities, please contact Windsor Lions Club President, Cindy Daniels, cldressage959@gmail.com or visit our website at Windsor Lions Club-Lions e-Clubhouse.



Above: Windsor Lions Club president Cindy Daniels with Windsor Library Director Gaye Rizzo and Library Branch Manager Gabbie Barnes



Avon Lions Club

Avon Lions will close the year with Toiletry/Food drives for two local organizations, road clean ups, Lending Locker Medical equipment loaning, monthly blood drives, Restaurant fundraisers, and a Pasta Dinner May 5th at Avon Senior Center 5-7:30. The year will end with an awards night, and election of officers.

The club is going to hold their first annual Carnival Sept. 22-24 at 99 Thompson Rd in Avon. There will be food trucks, games and fireworks! Mark your calendars to join us!

DG Dave Roberts: Top Recruiter

Past International Director Jerome Thompson, Global Action Team (GAT) Leader for Constitutional Area 1 (CA1), announced recently that District Governor Dave Roberts was one of the top 200 recruiters from among more than 250,000 Lions in Constitutional Area 1. Per PID Jerome, "these Lions efforts to expand our service capacity by enlisting volunteers has not gone unnoticed. In fact, our success can be attributed to the efforts of all the Elite 200".

Because of this recognition, the CA1 Global Action Team will interview DG Dave on February 20th to discover how he recruited 84+ new members of Lions Clubs International. Dave's interview, along with other members of the Elite 200, will be edited by a group of LEO members who have taken on the project of editing the interviews and preparing them to be shared across several social media platforms. The CA1 GAT goal is to use these stories to motivate and inspire others to "Just Ask One" to join before June 20, 2023.

So please join me in congratulating DG Dave on this latest accomplishment! Better yet, let's emulate DG Dave and get recruiting new Lions to expand our service capacity.

GST Report

GST Phyllis Perry

Multiple District 23 sponsored the Pajama Collection which resulted in over 1500 pair of new children's pajamas being brought to the MIDWINTER CONFERENCE in early February by a high number of clubs in Districts A, B and C. The Vendor Hall was absolutely filled with bags and boxes containing pajamas, night gowns, night shirts, onesies and more. From the 24 participating clubs in District B, our district, we collected 522 sets of sleepwear for preemies up to XXL, plus a few blankets, robes, and slippers. Already we have been able to sort and distribute to the Susan B Anthony Project, Bags of Hope CT, Two Hearts Pregnancy Care and Let's Talk Ministry. With further sorting necessary, by the time you read this, we will have delivered to the Manchester Regional Academy, Prudence Crandall Center, Village for Families and Children and Covenant to Care for Children. A special thanks to the participating clubs for extending your hearts to add comfort to a child's sleep time.

38 of our district's 55 clubs contributed to the 343 Service projects conducted between July 1, 2022 and now and reported in MyLion. Two Leo clubs have reported service projects and their counts are included here. To achieve the governor's goal, we need **five or more clubs** to 'REPORT' their Service projects in MyLion within the next several months. I can assist you with reporting this information if needed. The benefit to the club is that you can always look back to see what your impact to your community was: How many Lions did it take to execute the project, how many items were donated, what time of year did the project take place, By doing this, there's no need to find paper or look up club minutes!!!!

By the numbers, we have the following:

Plainville Lions Club

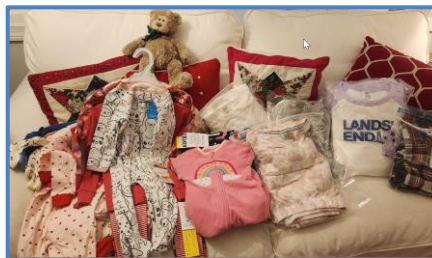
Plainville Lions Club, Annual Pancake Breakfast, Sunday, April 23rd, 8am-Noon. Location: Our Lady of Mercy Parish Center, 19 South Canal Street, Plainville Cost: Tickets: \$8pp; Seniors and kids 7-12 - \$5; kids 6 and under eat free Contact: <https://e-clubhouse.org/sites/plainvillect>

Plainville Lions Club, New Britain Bees Fundraising Event, July 15, Location: New Britain Stadium (i.e. Willow Brook Park, adjacent to Beehive Field) Cost: \$12 per person, of which \$6 will go to the Lions Low Vision Center. Please send in you orders and checks by July 1st to the Plainville Lions Club, P.O. Box 92, Plainville Contact: Lion Craig Banks at 860-644-8472 or craig.r.banks@my.ccsu.edu

District 23B from 6/1/22:

People served: 65,798
Service Activities Reported: 343
Volunteer Hours: 9,226
Funds Donated: \$14,144
Funds Raised: \$17,927

Thank you for all that you do!



Above: Some pictures of the outpouring of pajama donations made by the MD for our Pajama Drive at MidWinter

Lyon Pride Shirts!

On behalf of the Lyon Pride of Connecticut committee to elect Past International Director Mark Lyon as our next International Third Vice President of Lions Clubs International, I want to personally thank you all for your continued support. Mark and Lyn have been traveling the world and they continue to receive positive support from Lions everywhere they go. We are very excited and looking forward to the 105th International Convention in Boston and I hope to see you all there!

The latest newsletter has been sent to everyone in District 23B already, which included the QR code to order a Lyon Pride shirt. We would love to see our New England Lions wearing the shirt in support of Mark and Lyn at the International Convention. Please note that the deadline to order shirts is April 1, 2023, we expect delivery of shirts by May/June. The shirts will either be shipped to you or personally delivered, maybe by Mark himself!

Our committee is preparing for the International Convention in Boston, and we invite all New England Lions to participate in the campaign. If you are interested in serving on one of our various committees, such as handing out brochures or participating in the plenary session rally, please let me know. Here is the link: [Order Your Shirt Here!](#)

The deadline for orders is 4/1





PARTNERING FOR SOLUTIONS

Connecticut United Hearts & Hands Lions Club and The Unforgotten



The Unforgotten



CT United Hearts &

Hands is a service-oriented Lions Club focusing on projects in Nepal and Central America that promote The UN Sustainable Development Goals in coordination with UNA USA and the United Nations.

The Unforgotten, founded in 2007, is an international not-for-profit 501(c)3 charity, that provides

direct aid for child wastepickers around the world. All donations are directed towards work in the field, and no funds are used towards overhead.

Nepal Program for Child Wastepickers

- Wastepickers are children who, instead of going to school, pick through trash at local landfills, looking for food to eat and items to sell, in order to contribute to their family's income. We target children whose mothers and families also eke out a living by 'Wastepicking'.
- Donations go directly to pay for school fees, after school tutoring, uniforms, school supplies, and health check-ups.
- Donations also provide their families with weekly food supplies, so these children do not go hungry or are forced to return to the landfills.
- In Kathmandu, dire poverty forces thousands of people to eke out a living by picking through rubbish along rivers, streams, and drainage ditches.

Cost to support a Wastepicker child in Nepal

Cost to support a wastepicker child in Nepal is \$60 per month. We currently have 15 children in the program. The **goal of this joint project is to add 10 more children**. If you are interested in supporting a child, please reach out to Guiding Lion Dave Roberts at GranbyDavidRoberts@gmail.com or 860-469-5067.

Service opportunities

- Volunteer at The Learning Center in Kathmandu for child wastepickers!
- Participate in monthly Zoom calls with the children in the program!



**Lions Clubs
International**
CT United
Hearts & Hands
Lions Club
P.O. Box 155
Riverton, CT 06065
Phone (860) 469-5067
Fax (860) 431-4067

For more information , please visit <https://unforgotten.org/nepal>

25TH ANNUAL LIONS CLUB FENIX MEMORIAL BOWLING TOURNAMENT & FUNDRAISER

SATURDAY 4/1/23



SESSION 1: 11:00 AM

SESSION 2: 3:00 PM



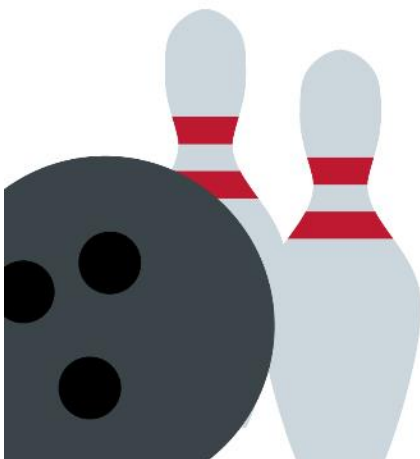
@SPARE TIME VERNON

350 TALCOTTVILLE ROAD, VERNON, CT

Bowl for a good cause!

REGISTER NOW AT:

www.manchesterlionsclub.org/bowling





2023 Connecticut **JUNIOR** Visually Impaired Person's (VIP) Fishing Tournament



Sunday, April 30, 2023

Registration Deadline: April 8, 2022 to receive tournament shirt and hat

2023 marks the 16th year that the Berlin Lions are proud to announce they will sponsor the CT Junior VIP Fishing Tournament. There is no cost to register or attend the tournament. Everything needed for an exciting day of fishing, a lite breakfast, poles, bait, lunch, and awards are provided.

FISHING EXPERIENCE IS NOT NEEDED!

We have many experienced, and very enthusiastic, anglers eager to help!

The JUNIOR event is open to all visually impaired children 3 to 18 years of age. Every child that registers for the event will receive a participatory trophy and tournament shirt.

<u>Location</u>	<u>Schedule</u>
Sage Park Pond	8:30am - 9:00am Registration and breakfast
1591 Berlin Turnpike	9:00am – 12:00 pm Fishing
Berlin, Connecticut	12:00pm Lunch and awards

If you know of a visually impaired child who would benefit by participating in this experience, please contact us. For more information, become a volunteer, or make a donation, please contact Lion Charley (VIP Fishing Chairman) or Lori Satkowski at 860-250-4663 satkowski@sbcglobal.net.

Our VIP's come to us from all over the state of Connecticut. Please consider making a donation so that we can continue to offer this life changing experience to our VIP's and their families.

Donations (in any amount) can be made to:
Berlin Lions Charities/CT VIP FISHING
P.O. Box 23
Berlin CT 06037

For additional information, and an application go to the Berlin Lions website:

<http://berlinlions.org/charities/events/vip-fishing-tournament>



**2023 Connecticut Adult Visually Impaired
Person's (VIP) Fishing Tournament**
Tournament Date: Monday, May 22, 2023
Registration Deadline: May 6, 2023



2023 marks the 16th year that the Berlin Lions are proud to announce they will sponsor the CT VIP Fishing Tournament. There is no cost to register or attend the tournament. Everything needed for an exciting day of fishing, a light breakfast, poles, bait, lunch, and awards are provided. In addition to competing for trophies, three of the top anglers (if they have not attended in the past two years) are eligible to represent Connecticut at the 2023 New England and National VIP Tournaments held October 17-19, 2023 on the Outer Banks of North Carolina! The tournament is open to all those visually impaired 18 years of age and older.

FISHING EXPERIENCE IS NOT NEEDED!

We have many experienced, and very enthusiastic, anglers eager to help!

<u>Location</u>		<u>Schedule</u>
Black Hawk Fishing Charter	6:30am	Registration and breakfast
OR the Sunbeam Fleet	7:30am	Depart dock for fishing
Niantic, Connecticut	3:00pm	Approximate return to dock, Filomena's for dinner and awards.

If you know of a visually impaired person who would benefit by participating in this experience, please contact us. For more information, become a volunteer, or make a donation, please contact Lion Charley (VIP Fishing Chairman) or Lori Satkowski at 860-250-4663 satkowski@sbcglobal.net.

Our VIP's come to us from all over the state of Connecticut. Please consider making a donation so that we can continue to offer this life changing experience to our VIP's and their families.

Donations (in any amount) can be made to:
Berlin Lions Charities/CT VIP FISHING
P.O. Box 23
Berlin CT 06037

For additional information (and applications), go to the Berlin Lions website:
<http://berlinlions.org/charities/events/vip-fishing-tournament>

MD23 MidWinter Conference, as Told in Pictures

Thanks to Lion Anthony Cipriano, official photographer of MWC2023



More Pictures from the MD23 MidWinter Conference



Still More Pictures from the MD23 MidWinter Conference





**District Governor's Award Breakfast
District 23-B – Zones 5, 6, & 7**



**Hilton Garden Inn – Hartford South/Glastonbury
85 Glastonbury Blvd, Glastonbury, CT
Sunday – March 12, 2023
Coffee at 8:00A.M & Buffet Breakfast at 8:30A.M.**

Cost: \$25

Dear Lion Presidents, Cabinet Members, and Governor's Advisory Members:

On Sunday, March 12, 2023, we will be celebrating Lionism by presenting a member of each of our clubs with the "Outstanding Lion Award" as well as awarding a member of each club with the Amanda Rose Freeman Award for selfless service. In addition, we will be recognizing our 100% Secretaries. Not every club has a 100% Secretary, so we feel it is only right that we praise them for their efforts.

This year we are having our event in the same venue as last year. At this event, we ask you to bring a raffle gift you would want to win, flyers promoting any of your upcoming events, and of course, your collected, used eyeglasses, sunglasses, and hearing aids. In the interest of saving time, rather than taking pictures as awards are given, please wait until the end of event to coordinate with your club members for picture taking.

Please name your "Outstanding Lion" honoree and the individual who will be receiving the Rose Amanda Freeman Award for their selfless service, and call or email Cindy Cooper at 860-729-8034 or lioncindycooper@gmail.com, by March 8, 2023.

There is a justification form enclosed which will be used to announce your Outstanding Lion and Amanda Rose Freeman awardees, which will save time as well as any nervousness felt by club presidents. ***It is important to mail the justification form to:***

*District Governor Dave Roberts
PO Box 155, Riverton, CT 06065
Or scan and email to:
granbydavidroberts@gmail.com*

A reservation form is enclosed, and you can mail it with your check by March 12, 2023 to:
Lion Cindy Cooper
287 South Elm Street
Windsor Locks, CT 06096

We are limited to 150 spots, so the sooner that you can respond, the better. Thank you for your cooperation on this. If there are any issues or questions, please reach out to me at the mobile phone number or email.

Yours in Lionism,

Cindy Cooper

860-729-8034 or lioncindycooper@gmail.com

**Reservation Form
District Governor's Award Breakfast
March 12, 2023**

Club:

Outstanding Lion:

Freeman Awardee:

Attendee Name_____

Attendee Name_____

Attendee Name_____

Attendee Name_____

Attendee Name

Attendee Name

Attendee Name

Attendee Name

TOTAL NUMBER ATTENDING X \$25 = \$ _____

Checks must accompany your reservation(s) and should be made payable to District 23B Governor's Breakfast.

We are all looking forward to a great time on March 12, 2023.

**Return to: Lion Cindy Cooper
287 South Elm Street
Windsor Locks, CT 06096**



Zones 5 – 7 DG Awards Breakfast
Club Justification Form for 2022-2023 Club Honorees

ZONE: _____

CLUB: _____

OUTSTANDING LION: *Name*

Why? _____

AMANDA ROSE FREEMAN honoree for selfless service: *Name*

Why? _____

**FORM MUST BE RETURNED TO DG Dave Roberts NO LATER THAN Wednesday,
March 8, 2023 to Granbydavidroberts@gmail.com.**

Watertown Lions Club

Watertown High school students from the Leo Club held a sock drive last March.

This year the collection has expanded. Leos at Swift Middle School and the High School, plus the WHS Interact Club of the Rotary Club will all hold a sock drive to benefit the local homeless initiative "Brian's Bags". Men's athletic or crew socks are the most requested items that the homeless need. These socks will help to fill the "Brians Bags" which also include personal care products, food items, and small gift cards to local food vendors.

The sock drive will further expand into the community. Watertown Lions and Rotary Club will collect the socks at their meetings. The socks boxes will be available until the end of the month at LaBonne's Market, Watertown Meat Center, Adams Market and Gayles Farm Shoppe if the public would like to donate.

If further information is needed, feel free to contact Leo Liaison Melita Harris at (860) 417-8182 or Brian's Bags founder Donna Finneran at (860) 631-7461.



From left to right Lana Kolpa, Amarta Marku, then President Emalyn Osbourne and this year's President Megan Mordarski.

District Officers

Dave Roberts
District Governor

Peter Nevers
First Vice District Governor

Raj Shrestha
Second Vice District Governor

Sue Boilard
Secretary

James Daniels
Treasurer

Dave Boilard
Zone 1 Chair

Frank Longo
Zone 2 Chair

John Spatcher
Zone 3 Chair

Nancy Lyons
Zone 4 Chair

Tanya Dorman
Zone 5 Chair

Akella Sarma
Zone 6 Chair

Madhav Atreya
Zone 7 Chair

PDG Association

The 23B Past District Governors' Association will hold a leadership event workshop entitled "Beyond Your Club" for district Lions interested in the various cabinet-level district leadership positions.

THIS IS NOT ONLY FOR PROSPECTIVE DISTRICT GOVERNORS, but for anyone who wondered what the Cabinet chairs would require for service and how they might serve at the Cabinet level.

The date is April 15 from 9-noon and the site will be the community center in Windsor. Additional details will be coming out closer to the actual date.

If you have any interest in serving as a Lion leader beyond the opportunities presented in your local club, this workshop is for you! Please mark your calendars.

Questions? Feel free to talk with PDGs Heidi Zacchera, Ed Fenton or PCCs Kathy Randall or Ev Lyons.

We hope to see you there!

Zone 2

Frank Longo, Chair

My January 5, 2023 zone meeting was a zoom call. While we did have three clubs, plus DG Dave, participating, I wish more clubs could have joined us, but being right after the holidays, I'm sure that many were still trying to catch up with other things. We finished our engagement discussion, and the clubs that did attend affirmed that they have started using some of the techniques we discussed in the past.

Our next zone meeting is April 3, with Zone 1. ZC Dave Boilard and I are working on a location and program, and I hope we have as great a turnout as our joint meeting last year.

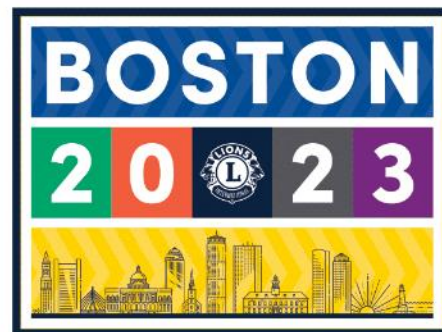


**COMING TOGETHER.
MOVING AHEAD.**

Celebrate service in Boston

At LCIcon 2023, Lions and Leos will unite to forge a path to a better world. Come celebrate service with us, and enjoy the sights, history and culture of Boston.

- Enjoy historical trails and indulge in excellent food and drinks.
- Take part in empowering seminars, hear from Lions leaders and inspirational speakers.
- Enjoy world-class entertainment and meet your fellow Lions and Leos.
- Join the Parade of Nations on the historical streets of Boston.



**SCAN ME
TO REGISTER**



Lions 105th Annual International Convention • Boston, Massachusetts, USA • July 7-11, 2023