

The Monthly District 23B Governor's Update

May 2023



District Governor's Corner DG Dave Roberts

Dear Lions, Leo-Lions, Leos and Cubs,

Our Lions Year is fast coming to a close on June 30th, yet there is so much great work happening around the District. One member of our District who moved out of state (and we hope will be rejoining Connecticut Lions) asked recently if I was ready for my year to end as District Governor. I told this member how much I enjoyed serving as YOUR District Governor, visiting all our impactful clubs, meeting our 1827 Lions serving those in need, and serving as your biggest cheerleader. Yes, I will miss serving as your District Governor, but I am so pleased to see the tremendous

leaders who will have their turns to serve and experience the joys I have experienced during Lions Year 2022-2023.

I always like to begin with a membership update. Our District membership continues to be positive from our 56 clubs currently serving those in need throughout our Lions District of Hartford and Litchfield Counties. Our goal is +35 new members for the year, and as of April 15th, we are at +36, thanks especially to Barkhamsted, Granby, Hartford PAK-K2, Hartland and Northwestern CT Cyber Lions for the large increases in membership and strong membership retention. So, let's keep up the great work retaining our current members and inviting our relatives, friends, and neighbors to become Lions. If your club needs help recruiting or retaining Lions, please contact Global Membership Team Chair Alan Hill (alan.hill@exprealty.com) and we will find an experienced local Lions leader to work with you and your club.

CONNECTICUT LIONS STATE CONVENTION: On Saturday, May 13, our Connecticut Multiple District 23 Lions State Convention will be held at Middlesex Community College, 100 Training Hill Road, in Middleton. E-mails have gone out from Cabinet Secretary Sue Boilard on how many delegates your club is allotted to vote in the elections of Peter Nevers for District Governor; Raj Shrestha for First Vice District Governor; and Pete Cianciolo for Second Vice District Governor. We will be voting on the MD-23 Budget too. All Lions and Leos from District 23-B are invited to attend and registration material should be distributed ASAP. Please don't hesitate to ask if you have any questions.

FIFTH DISTRICT MEMBERSHIP (CABINET) MEETING: Thanks to all who attended our first four District Membership Meetings this year. We have heard updates from many great speakers, Cabinet members and Zone Chairs on what they accomplished during this Lions Year, and what they hope to accomplish going forward. Please **mark your calendars** that our Fifth District-wide Membership (Cabinet) meeting will be on Monday, June 5, at 6:00 PM at Terryville Lions Country Fairgrounds pavilion. Dinner will be provided. This meeting is open to all Lions, Leo-Lions, Leos and Cubs within our District.

WELCOME RIVERTON LIONS CLUB: Barkhamsted Lions Club is sponsoring our 56th Lions Club in our District with the chartering of Riverton Lions Club. PCC Ev Lyons and CS Sue Boilard are serving for the next two years as the

Certified Guiding Lions for this new specialty club. This new club is a great example of a Lions Club Branch converting to their own Lions Club. Paul Dailey is the Charter President and Missy Ballard is the Charter Secretary. Details on their chartering ceremony should be released soon.

NEW MENTAL HEALTH LIONS CLUB BRANCH PAPERWORK SPOTLIGHT IN NATIONAL PUBLICATION: Early this year, I shared how we were all horrified with the tragic, senseless killing on October 12th of Sergeant Alex Hamzy, Lieutenant Dustin DeMonte and wounding of Officer Alec Lurato who were ambushed while responding to a 911 call. At the suggestion of Global Membership Chair Alan Hill of Hartland Lions Club, I called a meeting of Lions from across our District and throughout the state to discuss how Lions might help. Bristol Lions Club President (PCC) Ev Lyons stated that his club had already donated \$1,000 to the fund set up in the Town of Bristol. Lions want to help and we believe that supporting mental health initiatives is the best approach for us. Lion Kim Becker from Northwestern Connecticut Cyber Lions Club is serving as President of our newly established Connecticut 988 Lions Club Branch focused on promoting education and awareness on mental health needs in our communities. This initiative is based on www.ruralminds.org. For those that don't know, 988 is now the universal number to call 24/7 to be connected to a mental health professional. This new Lions Club Branch will also promote QPR (Question, Persuade, Refer) training (similar to CPR training, but for mental health needs). Lion Kim has found lots of interest in this new initiative and we are pleased to announce that two Northwestern Regional #7 high school juniors are working with her on this initiative as part of their AP Capstone Project and a Northwestern Connecticut Community College pre-med student from New Hartford has also joined Lions to help on this effort. We now have six new Lions and two new Leos supporting this initiative and have submitted the paperwork to Lions International to create this newest Lions Club Branch sponsoring by Northwestern Connecticut Cyber Lions Club. If you or anyone you know would like to support this new initiative, please contact Lion Kim at either kl.becker@cox.net or 1-860-748-9388.

Good Day! Magazine (a publication of the National Grange) recently posted a major story on this initiative and you can read it here, starting on page 7.

PEDIATRIC CANCER: Recently, Courtney Bragg, Chief Joy Officer, approached me from LivFree, a nonprofit organization dedicated to families battling pediatric cancer. The mission at LivFree is to provide these extraordinary kids and their families an experience to give them a break from treatment and provide some family fun time. Dan and Katrina Vieira founded LivFree in 2016 after their own personal experience being on the front lines of pediatric cancer. Their daughter Lauren was diagnosed with Acute Lymphocytic Leukemia in February 2015. They witnessed firsthand how difficult it was to provide any sense of normalcy to their family in between treatment, doctor appointments and all its complications. They wanted to help families find that normalcy and have something to look forward to. Every year, LivFree provides families all over the United States with moments of joy. Whether it's a trip to an amusement park, a sporting event, concert or anything in between, LivFree wants families to have something to look forward to during this difficult journey. LivFree strives to bring joy back into their lives. As you can imagine, when a child is diagnosed with cancer, it takes an enormous toll on the entire family. Before a cancer diagnosis, families are full of joy, unity and laughs. In the blink of an eye that all can change and be replaced with fear, despair and doctors' visits. This is why LivFree's mission, which dovetails perfectly with one of Lions five global causes, is so important. LivFree is a beacon of light in the lives of families that need it the most.

LivFree would like to talk with Connecticut Lions about partnering opportunities. Therefore, I have set up a Zoom call for anyone interested in learning more about LivFree for **Monday, May 15, at 7:00 PM**. Just contact me if you would like the Zoom information.

CLUB EXCELLENCE RECOGNITION: It is not too early for clubs to be submitting their 2022-2023 Club Excellence Award nominations. Here is a link that contains all the information: Club Excellence Awards | Lions Clubs

<u>International</u>. The deadline to apply is August 31, 2023. So complete your club application and forward it to me to submit on your behalf to Lions International.

A few clubs still have not received their 2021-2022 Club Excellence Awards. Please contact me ASAP to schedule a time when I can deliver this recognition to your club!

LCIF GRANTS: At our most recent Cabinet meeting, our Cabinet unanimously approved five DCG grants to submit to LCIF to expand Lionism service within our District. LCIF has now approved these grants. Grants were approved for the Greater Hartford Nepalese Summer School initiative to expand our outreach in the Nepalese-American community; Educated Canines Assisting with Disabilities or ECAD to support more volunteer opportunities for this service project; CT 988 mental health awareness and QPR training to train trainers to host QPR seminars around the District; our District's Multi-Club Special Education Holiday Party which has been occurring for over 45 years having been started by Lion Ron Storms; and support for the VIP Fishing initiative that provides an opportunity for visually impaired individuals to go deep sea fishing. Thanks to generous LCIF donors, they make these DCG grants possible! There is still time for you to contribute to LCIF at Make a Donation | Lions Clubs International.

DISTRICT TWINNING SUCCESS STORIES: This year, our District has expanded our collaboration with Nepal Lions Districts 325-K and 325-L. 2nd VDG Raj Shrestha and I have been working to raise resources to fund one project in each Lions District to showcase our bilateral cooperation. In one District, we are funding a nursing clinic in a school and in the other District we are funding scholarships for children to attend school. These two Districts are working with us here in Connecticut too on membership recruitment education. Thanks to our efforts over the past five or so years, our District has added two Lions Clubs and one Omega Leo Club due to our strong commitment to the Nepalese-American community here and strong for the Nepal community in Katmandu. 2VDG Raj Shrestha just returned home from Nepal and saw much of the great service we are sponsoring there.

CELEBRATING NEPAL: History, Culture, Food, Dance, Challenges!! Join us on Sunday, April 30th, as we co-sponsor an exciting FREE event from 2:00 – 4:00 PM at the West Hartford Town Auditorium with UNA-USA Connecticut Chapter. WE are also working in partnership with: The Nepalese Communities of Connecticut, Nepalese Association of Connecticut (NAConn), Society of Nepalese in America (SNA), Branford, and United Kirat Rai Organization of America.

AGENDA

2:00 – 2:15 PM	Networking/Social time (2:00 – 2:15 PM)
2:15 PM	PROGRAM BEGINS
2:15 – 2:20 PM Why does it matter?	UNA/USA CT Chapter President Dr. Joe Baxer – What is UNA/USA and
2:20 – 2:25 PM UNA?	Lions District Governor Dave Roberts – What is Lions International and why collaborate with
2:25 - 2:30 PM	Welcome by West Hartford Mayor Shari Cantor
2:30 - 2:35 PM	Nepalese in Connecticut
2:35 - 2:50 PM	The History of Nepal
2:50 - 3:05 PM	The Culture/Politics of Nepal
3:05 – 3:15 PM	Outreach of compassion to Nepal (Speaker Dr. Joe Baxer and Lion Raj
Shrestha)	
1.	SASANE
2.	Twinning for Success
3:15 – 3:35 PM	The Music/Dance of Nepal

3:35 - 3:40 PM Call to Action/Closing Comments by Co-Chairs Raj Shrestha/Dr. Joe Baxer 3:40 – 4:00 PM The Food of Nepal/Nepali food sampling

Please don't hesitate to reach out to me at either GranbyDavidRoberts@gmail.com or 860-469-5067 if you need me personally. My calendar is crazy, but I am always glad to make time for each club and member in our District. Together we can do so much more! So, let us "Seize the Day"! DG Dave

Dave Roberts

District Governor (2022-2023)

Lions, Leo-Lions, Leos & Cubs of Hartford & Litchfield Counties (District 23-B) P.O. Box 155, Riverton, CT 06065 GranbyDavidRoberts@gmail.com; 860-469-5067

Support our CLERF Fundraiser:

CLERF (Connecticut Lions Eye Research Foundation) is hosting a fundraiser to raise critical dollars for eye research here in Connecticut. Each drawing ticket cost \$10.00. There are five prizes and your ticket will be eligible for all five prizes. The Grand Prize is \$1,000 CASH, and the four runner-up prizes are \$500 each. A total of \$3,000 in cash will be awarded. CLERF serves all Connecticut and each District Governor has been asked to help promote the event. I have 20 books (10 tickets per book or \$100) and would appreciate any help in selling these tickets. Donations for tickets are tax deductible as CLERF is a 501c3 non-profit. So, you can support critical eye research and get a tax deduction! It would be great for your club to sell or buy one book for \$100. All cash prizes will be drawn at the CLERF Annual Meeting which will be held on Friday, June 23, at 6:00 PM at the Sheraton Hartford South Hotel. Please contact District Governor Dave Roberts at either Granbydavidroberts@gmail.com or 860-469-5067. Or you can VENMO him at @David-Roberts-232 and he will reserve you one or more tickets.

Thanks for your support!

District Calendar

Harwinton Lions Club, Scholarship "Virtual" Breakfast, April 29, 2023 (Deadline)

Location: Online (if you purchase a breakfast gift card, it will be mailed to you after April 29th)

Cost: \$10 for a gift card to either Dunkin or Countryside Restaurant (in Harwinton)

You can access our Square site at https://lions-club-of-harwinton.square.site/ to make a purchase of a \$10 gift card to either Dunkin (could be used all over) or Countryside Restaurant in Harwinton, or you can make a donation to our scholarship fund instead at the same page. If you want to make a donation to either our scholarship fund or to the Harwinton Food Pantry, you'll need to do so as a separate transaction from your gift card purchase. Lastly, if you would like to learn more about our two breakfast sponsors or how you could become a sponsor (business card sized ad), click here https://sites.google.com/view/harwintonlionsscholarship/home

Contact: Lion Roland Perreault <u>rperreault1960@gmail.com</u>

Marlborough Lions Club, Family Resource Fair, April 29

Location: Marlborough Elementary School Cafeteria The Marlborough Lions will be performing vision screenings

Harwinton Lions Club, Blood drive, May 5

Location: Harwinton Town Hall, 100 Bentley Dr, Harwinton

More details to follow

Avon Lions Club, Annual Pasta Dinner, May 5, 5pm-7:30pm

Location: Avon Senior Center, 635 West Avon Road, Avon

Tickets: \$12 Adults, \$6 12 and under

Serving pasta, meatballs, salad, rolls and dessert. Proceeds to benefit local charities. Buy tickets in advance at Venmo@Avon-ct-lions, or cash or credit at the door

Contact: Avon.CT.Lions@gmail.com

Woodbury Lions Club, MaiFest, May 7, 1pm-5pm

Location: Woodbury Brewing Company, 738 Main St South, Woodbury, CT **Tickets:** \$35/per person 21 and over, designated drivers admitted free

Ticket price includes a free commemorative tasting glass. Eleven breweries have already committed to participating, with more to come. Polka and other German music will be provided by Chris and Ronnie. Food will be available for sale through Woodbury Brewing. Only 150 tickets are available, and must be purchased in advance

from <u>beerfest.woodburyctlions.org</u> **Contact:** <u>WoodburyCTLions@gmail.com</u>

Windsor Lions Club, Spring Arts and Crafts Fair, May 13, 10am-4pm

Location: Windsor Town Green **Contact:** Windsorct.lions@gmail.com

Simsbury Lions Club, Pancake Breakfast, May 13, 8am-11am

Location: St. Mary's Parish Center, 946 Hopmeadow Street, Simsbury

We're joining with the Simsbury Knights of Columbus for the 31st year for our combined Pancake Breakfast to benefit scholarships. Buy a placemat ad: 1" X 2" \$25.00, 2" X 2" \$50.00, 2" X 4" \$100.00, Top or Bottom of Mat

\$125.00

Tickets: Adults-\$10, Children under 12-\$5, Family of 4-\$25

Contact: Elaine Giannini (ageal@earthlink.net) 860 658 6752 or Sandy Kremer (tprkremer@gmail.com)

860 966 7946.

Terryville Lions Club, Pancake Breakfast, May 14

Location: Terryville Lyceum, 181 Main St, Terryville, CT

Breakfast offerings will include blueberry pancakes, regular pancakes, scrambled eggs, sausage, corned beef hash, home fries, coffee, tea, juice and milk. The cost is TBA, please keep an eye on our website (terryvillelions.org) for updates. Please help the Terryville Lions Club support the Plymouth Community Food Pantry by bringing nonperishable food items to this and any of our other events for donation.

Marlborough Lions Club, 39th Annual "Race 'Round the Lake 5K", May 28, 10:30am

Location: Blish Park, Marlborough **Cost:** \$30/pp or \$60/Family

Register at www.itsyourrace.com or in person at the park the day of the event

Woodbury Lions Club, Annual Car Show, June 4, 9am-3pm

Location: Hollow Park, Hollow Rd, Woodbury, CT

Tickets: \$20 show cars, \$10 general admission, children 5 and under, FREE!

Food trucks! Music! Hundreds of classic cars! Yes, it's time for the annual car show. Our featured musical act this year is the popular Yacht Rock band Anchor Management, who will perform at 11:30am and 1pm. Twelve food

trucks will accommodate even the pickiest eater, along with craft beer. There will be games for kids, raffles, and vendors of all kinds. Gates open at 9am, judging begins at noon, with trophy presentation at 3pm.

Contact: www.woodburyctlions.org

Plainville Lions Club, Blood Drive, June 23

Location: Our Lady of Mercy Parish Center, 19 South Canal Street, Plainville

We need volunteers!

Contact: Lion Craig Banks at 860-644-8472 or craig.r.banks@my.ccsu.edu

District Club Officer Training, June 24, 7:45am-1:30pm

Location: The LP Wilson Community Center 599 Matianuck Ave., Windsor, Ct.

This training, will provide both incoming, current Club officers and all Lions, in attendance large group and small group focused interaction, instruction, fun and take aways. All participants will complete this training with confidence, energy and readiness to engage their Club and the community they serve for the 2023-24 Lions year.

Contact: Lion Cindy Daniels, cldressage959@gmail.com by June 18

Harwinton Lions Club, Car Show, July 23

Location: Harwinton Town Hall Complex

More details to follow

Bus Trip to Lions International Parade, July 8

See flyer below for all the information!

Plainville Lions Club, New Britain Bees Fundraising Event, July 15

Location: New Britain Stadium (i.e. Willow Brook Park, adjacent to Beehive Field)

Cost: \$12 per person, of which \$6 will go to the Lions Low Vision Center.

Please send in you orders and checks by July 1st to the Plainville Lions Club, P.O. Box 92, Plainville

Contact: Lion Craig Banks at 860-644-8472 or craig.r.banks@my.ccsu.edu

Harwinton Lions Club, Horse Show, September 9

Location: Harwinton Fairgrounds More information to follow

Harwinton Lions Club, Pierogies Booth at the Harwinton Fair, September 30-October 2

Location: Harwinton Fairgrounds

More details to follow

We have our own email address now: D23BLionsRoar@gmail.com. Please use this email address. The deadline for submissions is the 15th of the month prior to the issue date: February 15 for the March District Spirit—submit to District23BSpirit@gmail.com, March 15 for the April Lions' Roar to D23BLionsRoar@gmail.com, Notices should be short and include all relevant information. The Lions' Roar is intended to keep our district informed of upcoming events. Anything that doesn't fit our format will either be condensed for The Roar, or held for the next District 23B Spirit.

Editorial: Partnering for Success





By Dave Roberts Connecticut State Grange Lecturer/ Program Director Connecticut Lions District "B" Governor

We have all heard the old adage that the best way to find successful outcomes to weighty problems is to partner with like-minded individuals and groups. With that in mind, Rural Minds was founded by Jeff Winton with the mission to "serve as the informed voice for mental health in rural America, and to provide mental health information and resources." Rural Minds knew that they needed partners to be successful, so they reached out to numerous organizations to collaborate to promote impactful solutions.

One of those partners is the National Grange. The Grange is a family and community organization with roots in agriculture. Founded in 1867, The Grange was formed as a national organization with a local focus. Since its founding, Grange members have been given the opportunity to learn and grow to their full potential as citizens and leaders.

National Grange, under the leadership of President Betsy Huber, recognized that mental health was a top priority for many Grange chapters and members throughout the United States, so it chose to partner with Rural Minds. The COVID-19 pandemic accelerated the importance of addressing this challenge, as mental health is a serious concern to many Grange families in rural areas of the country.

In order to help educate Grange members from across the United States, Rural Minds founder Jeff Winton was invited as a keynote speaker to the 156th Annual Convention of the National Grange in Reno, Nevada, which was held on November 17, 2022, National Rural Health Day. As keynote speaker, Jeff hosted a workshop to help attendees see the opportunities of strategic partnering.

I happened to be one of the attendees of the National Convention in Reno. By way of background, I am 62 years old, a 47-year Grange member, and a fourth-generation member of National

Grange. My daughter, one of our six children, is a fifth-generation Grange member. Since Grange helps members promote leadership skills, I serve as President of my local community Grange (Riverton Grange #169 in Barkhamsted, Connecticut), Vice President of Mountain Laurel Pomona Grange in Connecticut, and State Lecturer/Program Director for the Connecticut State Grange. I volunteer service for all of these positions, and I am pleased that my family supports my Grange activities, particularly since I retired from my professional career six years ago to enjoy life!

So, while in Reno at the National Grange Convention in 2022, I attended Jeff Winton's keynote speech on Rural Minds and thought his presentation was awesome. After his lunch presentation, I rushed to the seminar room where Jeff held a follow-up lecture that provided more information on mental health awareness and collaboration. I sat front and center and introduced myself to Jeff. I told him that I saw so many opportunities for partnering. The room was packed, and chairs had to be added to accommodate the overflow audience. The presentation was a home run and inspired me to do more.

Next Steps to Collaborate and Make a Difference

During my flight home to Connecticut, I had time to think about next steps. First, I knew I wanted to build a strong, resilient collaboration with people who could make a difference.

As one of three District Governors for Lions Clubs International in Connecticut, I knew that Lions had resources to help build programs. For those who don't know, Lions Clubs International was founded in 1917 and today is the world's largest service organization, with over 48,000 Lions Clubs around the world. Some Lions Clubs focus on their communities and some Lions Clubs are known as specialty clubs that focus on a special need.

I immediately called a friend whom I had just recruited to Lions and said, "I have the prefect initiative for you." Kim Becker is a community leader and active citizen in Granby, Connecticut. She immediately said she wanted to be part of this new initiative. So I told her she had to join a local Grange, which she did immediately!

What did we do? Lions Clubs International requires a minimum of 20 members to establish a new Lions Club. However, a new Li-



ons Club Branch can be formed with only five members, as long as a Lions Club will sponsor you.

The Northwestern Connecticut Cyber Lions Club immediately said that they would sponsor this new branch. (My son happens to be the president of this Lions Club!) I told Kim that we had to find at least four more members to join her to form a Lions Club Branch.

Right before all this happened, Connecticut had experienced a terrible tragedy when a mentally disturbed young man ambushed three police officers in Bristol, Connecticut, killing two of them. Lions immediately wanted to join with others who wanted to help. While the community raised over \$1million dollars for the families of the slain officers, Lions wanted to do more.

start a Lions Club Branch in Connecticut to partner with the Connecticut State Grange and local community Granges. The Branch recruited six adults as Lions and two high school students as Leos. The new members selected the name "Connecticut 988 Lions Club Branch" as their official branch name. They selected 988 as it is now the new three-digit, nationwide phone number that connects directly to the Suicide and Crisis Lifeline. Lions Clubs International has to approve all Club and Branch names, so I had to justify this unique name. Lions approved the name and the Branch is now up and running. Kim Becker was elected Charter President and the new members have met via Zoom as they live in two separate rural Connecticut counties.

So, the idea began to germinate to Looking for Ways to Spread Mental

Health Awareness in Rural America

Moving forward, members will determine how to spread mental health awareness information. particularly in rural areas, to those in need. Students will research needs in the towns of New Hartford and Barkhamsted, Connecticut, to see what gaps, if any, exist in providing mental health services

QPR training will be evaluated to see if members might promote offering this training as many Lions Clubs and Granges already offer cardiopulmonary resuscitation (CPR) training to members.

QPR stands for Question, Persuade, and Refer the three simple steps anyone can learn to help save a life from suicide. QPR training helps save lives and reduce suicidal behaviors by providing innovative, practical, and proven suicide prevention training. Quality education empowers people, regardless of their background, to make a positive difference in the lives

Just as people trained in CPR and the Heimlich maneuver save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicidal crisis and how to question, persuade, and refer someone to help. QPR can be learned in one Gatekeeper course in as little as one hour.

Rural Minds is also speaking to many state and local Granges around the United States. Connecticut State Grange will host a Rural Minds speaker this spring to encourage all Connecticut Granges to incorporate mental health awareness and training into their lecturer's programming. National Grange has launched a new initiative for any Grange that completes one mental health program during the year to be named as a Golden Honor Grange. I want many of our Connecticut Granges to be named Golden Honor Granges to showcase our commitment to helping our communities.

I want to thank Jeff Winton and Rural Minds for approaching National Grange and for opening this important opportunity to us. With Lions Clubs International, National Grange, State Granges, Pomona Granges, and local community Granges partnering with Rural Minds, Jeff Winton's vision that launched over 10 years ago is taking giant steps forward. We truly are Partnering for Success!

For more information, please contact Dave Roberts at granbydavidroberts@ gmail.com or contact him at 860-469-



From left: Connectict State Grange Lecturer Dave Roberts, CT 988 Lions Clubs Branch President & Granby Grange Member Kim Becker, Granby Grange Lecturer Judy Doyle, Lions Global Membership Team Chair Alan Hill. Photo provided



39th Annual Race 'Round the Lake 5K

Sunday May 2, 2023 10.30am Blish Park, Marlborough

Registration available at itsyourrace.com or day of race in person \$30pp, \$60 per family



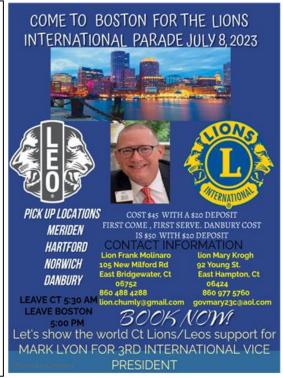
Annual Pancake Breakfast

Sunday March 26, 2023 7.45am-11.45am East Glastonbury Fish & Game Club

Planeta Rd., Marlborough

Tickets \$10 adults, \$9 seniors, \$7 kids Available at the door or see any Lions member







Marlborough Lions Club

Pancake Breakfast



Date: Sunday March 26th Time: 7.45a-11.45a

East Glastonbury Fish & Game Club

2 Planeta Rd Marlborough, CT 06447

Annual Pancake Breakfast benefitting local area charities.

Breakfast includes sausage, ham, fruit,

breaklast includes sausage, flam, ii

coffee, tea, & hot chocolate Tickets available

Adults \$10

Seniors \$9

Kids \$7

See any Lion for tickets, or call Megan Lloyd 413-687-5537, or JeanPaul Bolduc 860-798-2054





- Enter for your chance to win the Grand Prize
 an Ascend D10 Sit-in kayak AND a kayak rack spot at the lake
- Runner-up will win a rental voucher at Black Hall Outfitters in Westbrook for kayak rental
- ↑ Tickets are \$20 each, beginning March 26th through May 28th

 available at Marino Realty or Sanctuary Hair Salon in
 Marlborough center

 contact President Megan Lloyd via Facebook, call #413-687-5537,
 or email at marlboroughclions@gmail.com

 Drawing will be held Sunday May 28th at the culmination of the road
 race, approx 1.30am at Blish Park, winner need not be present to win.

 Raffle is open to Marlborough residents only this year

Thank you to Black Hall Outfitters for their donation of the rental pas



Marlborough Lions Club 'Round the Lake 5K'

38th **Annual Runners Event**



Memorial Day Weekend 2023

Accept the challenge ... join the fun!

Sunday, May 28, 2023

Race Start: 10:30am

Blish Memorial Park - Marlborough, CT

8 race categories for both male & female runners, medals for top finishers

CT USATF Certification CT 18052JHP

Sign up online at Itsyourrace.com, \$30 per person, \$60 max per family









Car Show

And Summerfest

Sunday June 4, 2023 Hollow Park, Woodbury CT

Show Cars: \$20 General Admission: \$10 Children 5 and under: FREE!

Food Trucks Craft Beer Music Vendors Raffles

Buy your tickets online www.Wo

www.WoodburyCTLions.org

