





A simple step-by-step for getting started

1. What is Instagram?

Instagram is like a photo album and bulletin board rolled into one. You can:



- Share photos & videos of your life, family, hobbies, or events.
- See updates from friends, family, and organizations (like the Lions!).
- Comment, like 4, and stay connected.

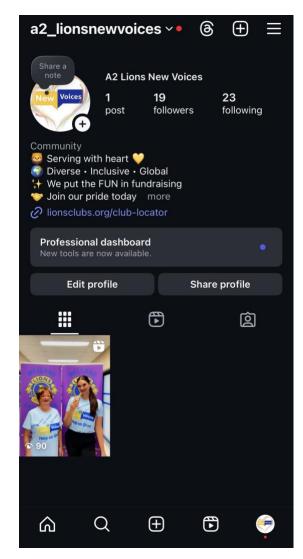
2. Getting Started

- 1. **Download the App**
- On your smartphone, go to the *App Store* (iPhone) or *Google Play Store* (Android).
- Search for **Instagram** and press *Download/Install*.
 - 2. Create an Account
 - Open Instagram.
 - Tap Sign Up.
- You can use your email address or phone number.
- Choose a username (example: *LionMary2025*) and a password you'll remember.

3. Understanding the Home Screen

When you open Instagram, you'll see:

- **Home** (**((()**): Pictures & videos from people you follow.
- Search (<a>): Find people, clubs, or topics.
- **Post** (+): Share your own photo or video.
- Reels (ﷺ): Short, fun videos.
- **Profile (2)**: Your personal page with your posts.



4. Following People & Clubs

- Tap the magnifying glass (\(\sqrt{s} \).
- Type a name, e.g. Welland Lions Club.
- Tap *Follow* to see their updates in your home feed.

5. Posting a Photo or Video

- 1. Tap the sign at the bottom.
- 2. Choose a photo from your phone or take one with the camera.
- 3. Add a short caption (like: "Fun at our Lions BBQ today! [[]] [] ").
- 4. Press *Share*.

6. Liking & Commenting

- Tap the heart \(\bigcup \) under a picture to "like" it.

7. Safety & Privacy Tips

- **Private Account**: Only approved people can see your posts. Turn this on in *Settings > Privacy*.
- Think Before Posting: If you wouldn't put it on a community bulletin board, don't post it.
 - **Be Kind**: Spread positivity—just like in our Lions community service!

8. Practice Makes Perfect

Don't worry about making mistakes—everyone learns as they go! The more you use Instagram, the easier it becomes.

Remember: Instagram is just another way to connect, share, and spread the Lions' spirit of service and friendship.

"We Serve"—online and in person!